US HARBORS www.USHarbors.com

San Diego, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:44	7.1	8:37	4.0	12:17	2.2	2:10	-1.6	6:50	4:53	
2	Fri	7:32	7.4	9:20	4.2	1:12	2.1	2:54	-1.9	6:51	4:54	
3	Sat	8:20	7.4	10:03	4.3	2:04	2.0	3:37	-1.9	6:51	4:55	
4	Sun	9:06	7.2	10:45	4.4	2:53	1.9	4:19	-1.7	6:51	4:56	
5	Mon	9:51	6.8	11:29	4.5	3:43	1.8	5:00	-1.3	6:51	4:56	
6	Tue	10:37	6.1			4:34	1.9	5:39	-0.7	6:51	4:57	
7	Wed	12:13	4.5	11:24 AM	5.3	5:31	2.0	6:16	-0.1	6:51	4:58	
8	Thu	12:57	4.6	12:16	4.5	6:35	2.1	6:52	0.6	6:51	4:59	
9	Fri	1:45	4.7	1:18	3.6	7:55	2.1	7:28	1.3	6:51	5:00	
10	Sat	2:36	4.7	2:52	2.9	9:40	1.9	8:09	1.9	6:51	5:01	
11	Sun	3:31	4.9	5:02	2.7	11:12	1.3	9:05	2.4	6:51	5:02	
12	Mon	4:23	5.0	6:54	2.9			12:14	0.8	6:51	5:02	
13	Tue	5:11	5.2	7:45	3.2			12:58	0.3	6:51	5:03	
14	Wed	5:55	5.5	8:14	3.4			1:33	-0.2	6:51	5:04	
15	Thu	6:35	5.7	8:37	3.6	12:08	2.7	2:04	-0.5	6:50	5:05	
16	Fri	7:12	6.0	9:00	3.7	12:52	2.5	2:34	-0.7	6:50	5:06	
17	Sat	7:46	6.2	9:25	3.9	1:31	2.3	3:03	-0.9	6:50	5:07	
18	Sun	8:19	6.3	9:52	4.0	2:07	2.1	3:32	-1.0	6:50	5:08	
19	Mon	8:52	6.3	10:21	4.1	2:42	2.0	4:01	-0.9	6:49	5:09	
20	Tue	9:24	6.2	10:51	4.3	3:18	1.9	4:30	-0.8	6:49	5:10	
21	Wed	9:59	5.8	11:23	4.4	3:58	1.8	4:58	-0.5	6:49	5:11	
22	Thu	10:37	5.3	11:58	4.6	4:44	1.8	5:26	-0.1	6:48	5:12	
23	Fri	11:22	4.5			5:39	1.8	5:54	0.5	6:48	5:13	
24	Sat	12:36	4.8	12:21	3.7	6:49	1.7	6:24	1.1	6:47	5:13	
25	Sun	1:23	5.0	1:54	2.9	8:23	1.5	7:00	1.7	6:47	5:14	
26	Mon	2:23	5.2	4:17	2.6	10:12	0.9	8:00	2.3	6:46	5:15	
27	Tue	3:34	5.5	6:20	2.9	11:33	0.1	9:50	2.6	6:46	5:16	
28	Wed	4:44	5.9	7:19	3.4			12:33	-0.6	6:45	5:17	
29	Thu	5:46	6.4	7:56	3.8			1:21	-1.2	6:44	5:18	
30	Fri	6:41	6.7	8:30	4.1	12:23	2.2	2:04	-1.6	6:44	5:19	
31	Sat	7:30	7.0	9:03	4.4	1:18	1.9	2:42	-1.8	6:43	5:20	