



































San Francisco, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:57	4.9	1:46	4.8	8:08	2.7	8:15	0.3	7:25	5:01	
2	Fri	3:30	5.1	2:42	4.3	9:07	2.4	8:53	0.9	7:25	5:02	
3	Sat	4:05	5.3	3:57	3.9	10:16	2.0	9:37	1.5	7:25	5:03	
4	Sun	4:45	5.6	5:36	3.6	11:26	1.5	10:29	2.1	7:25	5:04	
5	Mon	5:28	5.9	7:22	3.7			12:33	0.8	7:25	5:05	
6	Tue	6:17	6.2	8:48	4.0			1:32	0.1	7:25	5:06	
7	Wed	7:10	6.5	9:51	4.4	12:40	3.0	2:27	-0.6	7:25	5:07	
8	Thu	8:04	6.9	10:42	4.7	1:45	3.1	3:18	-1.2	7:25	5:08	
9	Fri	8:59	7.1	11:27	5.0	2:46	3.1	4:07	-1.5	7:25	5:09	
10	Sat	9:53	7.2			3:43	2.9	4:54	-1.7	7:25	5:10	
11	Sun	12:09	5.2	10:46 AM	7.1	4:38	2.7	5:39	-1.6	7:24	5:11	
12	Mon	12:50	5.3	11:39 AM	6.8	5:33	2.4	6:23	-1.4	7:24	5:12	
13	Tue	1:30	5.5	12:32	6.3	6:30	2.2	7:05	-0.9	7:24	5:13	
14	Wed	2:09	5.6	1:26	5.7	7:29	1.9	7:46	-0.3	7:24	5:14	
15	Thu	2:49	5.7	2:25	5.0	8:32	1.7	8:28	0.5	7:23	5:15	
16	Fri	3:30	5.8	3:33	4.3	9:40	1.5	9:12	1.3	7:23	5:16	
17	Sat	4:13	5.8	4:59	3.8	10:53	1.2	10:03	2.0	7:23	5:17	
18	Sun	4:58	5.8	6:45	3.6			12:04	0.9	7:22	5:18	
19	Mon	5:47	5.8	8:22	3.9			1:09	0.6	7:22	5:19	
20	Tue	6:38	5.8	9:28	4.2	12:16	3.1	2:05	0.3	7:21	5:20	
21	Wed	7:28	5.9	10:15	4.4	1:23	3.3	2:52	0.0	7:21	5:21	
22	Thu	8:15	5.9	10:53	4.6	2:20	3.3	3:33	-0.2	7:20	5:22	
23	Fri	8:59	6.0	11:25	4.7	3:08	3.2	4:09	-0.3	7:20	5:23	
24	Sat	9:39	6.1	11:53	4.7	3:48	3.1	4:41	-0.5	7:19	5:24	
25	Sun	10:18	6.0			4:25	2.9	5:11	-0.5	7:18	5:25	
26	Mon	12:19	4.8	10:55 AM	6.0	5:00	2.7	5:39	-0.5	7:18	5:26	
27	Tue	12:43	4.9	11:32 AM	5.8	5:35	2.5	6:07	-0.3	7:17	5:28	
28	Wed	1:08	5.0	12:11	5.5	6:13	2.3	6:35	-0.1	7:16	5:29	
29	Thu	1:34	5.2	12:52	5.1	6:53	2.1	7:05	0.3	7:15	5:30	
30	Fri	2:02	5.3	1:39	4.7	7:39	1.8	7:37	0.8	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	2:32	5.5	2:37	4.2	8:32	1.5	8:12	1.4	7:14	5:32	