

San Leandro Channel, San Leandro Bay, CA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:19	5.5	4:39	4.9			12:02	3.0	7:05	4:50	
2	Tue	6:53	5.7	5:58	4.6			1:06	2.5	7:06	4:50	
3	Wed	7:25	6.0	7:22	4.4	12:22	1.1	1:58	1.8	7:07	4:50	
4	Thu	7:56	6.4	8:41	4.5	1:09	1.5	2:42	1.1	7:08	4:50	
5	Fri	8:27	6.8	9:51	4.8	1:54	1.9	3:23	0.4	7:09	4:50	
6	Sat	9:00	7.2	10:53	5.1	2:39	2.3	4:03	-0.3	7:10	4:50	
7	Sun	9:36	7.6	11:49	5.3	3:24	2.7	4:44	-0.8	7:11	4:50	
8	Mon	10:16	7.9			4:10	2.9	5:28	-1.3	7:11	4:50	
9	Tue	12:42	5.5	10:59 AM	8.1	4:57	3.1	6:14	-1.6	7:12	4:50	
10	Wed	1:32	5.6	11:47 AM	8.1	5:46	3.2	7:02	-1.7	7:13	4:50	
11	Thu	2:22	5.7	12:38	7.9	6:39	3.2	7:51	-1.5	7:14	4:50	
12	Fri	3:11	5.7	1:32	7.5	7:39	3.1	8:42	-1.3	7:15	4:50	
13	Sat	4:01	5.8	2:31	6.9	8:48	3.0	9:34	-0.8	7:15	4:50	
14	Sun	4:50	6.0	3:37	6.2	10:07	2.7	10:27	-0.2	7:16	4:51	
15	Mon	5:38	6.2	4:54	5.4	11:32	2.3	11:21	0.4	7:17	4:51	
16	Tue	6:24	6.6	6:23	4.8			12:51	1.7	7:17	4:51	
17	Wed	7:09	6.9	7:56	4.6	12:16	1.1	1:59	1.0	7:18	4:52	
18	Thu	7:51	7.2	9:20	4.7	1:11	1.7	2:56	0.3	7:19	4:52	
19	Fri	8:31	7.3	10:30	5.0	2:05	2.3	3:45	-0.2	7:19	4:52	
20	Sat	9:09	7.4	11:27	5.3	2:58	2.7	4:28	-0.5	7:20	4:53	
21	Sun	9:46	7.4			3:48	3.0	5:07	-0.7	7:20	4:53	
22	Mon	12:17	5.5	10:23 AM	7.4	4:35	3.2	5:44	-0.7	7:21	4:54	
23	Tue	1:00	5.6	11:00 AM	7.2	5:19	3.3	6:19	-0.7	7:21	4:54	
24	Wed	1:40	5.6	11:36 AM	7.1	6:00	3.3	6:53	-0.7	7:22	4:55	
25	Thu	2:16	5.5	12:13	6.9	6:40	3.3	7:28	-0.6	7:22	4:55	
26	Fri	2:50	5.5	12:50	6.7	7:20	3.3	8:01	-0.4	7:22	4:56	
27	Sat	3:23	5.4	1:29	6.3	8:04	3.2	8:35	-0.2	7:23	4:57	
28	Sun	3:55	5.5	2:10	5.9	8:53	3.1	9:10	0.1	7:23	4:57	
29	Mon	4:27	5.6	2:58	5.3	9:51	2.9	9:46	0.5	7:23	4:58	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	5:00	5.8	3:57	4.8	10:58	2.6	10:25	1.0	7:23	4:59	
31	Wed	5:35	6.0	5:20	4.2			12:06	2.1	7:24	5:00	