

San Leandro Channel, San Leandro Bay, CA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:34	6.1	12:19	6.2	6:18	1.3	6:29	0.4	6:39	6:02	
2	Tue	12:59	6.2	12:58	5.9	6:53	1.2	6:59	0.8	6:38	6:03	
3	Wed	1:25	6.2	1:38	5.5	7:29	1.1	7:29	1.1	6:36	6:04	
4	Thu	1:51	6.2	2:21	5.2	8:06	1.0	8:00	1.5	6:35	6:05	
5	Fri	2:20	6.2	3:09	4.8	8:46	1.0	8:34	1.9	6:33	6:06	
6	Sat	2:54	6.2	4:08	4.5	9:34	1.0	9:13	2.3	6:32	6:07	
7	Sun	3:35	6.1	5:24	4.2	10:30	0.9	10:05	2.7	6:31	6:08	
8	Mon	4:24	6.0	6:54	4.3	11:37	0.9	11:19	2.9	6:29	6:09	
9	Tue	5:25	6.0	8:09	4.5			12:47	0.7	6:28	6:10	
10	Wed	6:32	6.0	9:00	4.8	12:42	2.9	1:48	0.4	6:26	6:11	
11	Thu	7:37	6.2	9:40	5.2	1:51	2.7	2:40	0.1	6:25	6:12	
12	Fri	8:38	6.5	10:16	5.6	2:47	2.3	3:26	-0.2	6:23	6:13	
13	Sat	9:35	6.7	10:50	6.0	3:36	1.8	4:09	-0.3	6:22	6:14	
14	Sun	10:29	6.9	11:25	6.4	4:23	1.2	4:50	-0.3	6:20	6:15	
15	Mon	11:22	6.9			5:10	0.7	5:30	-0.1	6:19	6:16	
16	Tue	12:01	6.8	12:16	6.7	5:57	0.2	6:11	0.2	6:17	6:17	
17	Wed	12:38	7.1	1:11	6.4	6:46	-0.2	6:54	0.6	6:16	6:18	
18	Thu	1:17	7.3	2:09	6.0	7:37	-0.4	7:39	1.1	6:14	6:19	
19	Fri	2:00	7.3	3:11	5.6	8:32	-0.5	8:28	1.7	6:13	6:20	
20	Sat	2:47	7.2	4:20	5.2	9:31	-0.3	9:26	2.1	6:11	6:21	
21	Sun	3:40	6.9	5:39	5.0	10:38	-0.1	10:38	2.5	6:10	6:21	
22	Mon	4:42	6.5	7:00	5.1	11:51	0.0			6:08	6:22	
23	Tue	5:52	6.2	8:09	5.3	12:05	2.6	1:03	0.1	6:06	6:23	
24	Wed	7:05	6.0	9:03	5.6	1:25	2.4	2:06	0.1	6:05	6:24	
25	Thu	8:13	5.9	9:47	5.8	2:31	2.1	2:58	0.2	6:03	6:25	
26	Fri	9:12	5.9	10:23	5.9	3:24	1.7	3:42	0.3	6:02	6:26	
27	Sat	10:04	5.9	10:54	6.1	4:09	1.4	4:20	0.4	6:00	6:27	
28	Sun	10:50	5.8	11:21	6.1	4:49	1.0	4:54	0.6	5:59	6:28	
29	Mon	11:33	5.7	11:46	6.2	5:25	0.8	5:25	0.9	5:57	6:29	
30	Tue			12:14	5.6	5:58	0.6	5:56	1.1	5:56	6:30	
31	Wed	12:11	6.3	12:54	5.4	6:30	0.4	6:26	1.4	5:54	6:31	