

San Leandro Channel, San Leandro Bay, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:48	6.5	4:34	6.1	9:29	-0.5	9:59	2.3	5:50	8:34	
2	Fri	3:41	6.0	5:16	6.4	10:11	-0.1	11:04	2.0	5:51	8:34	
3	Sat	4:44	5.4	6:00	6.6	10:58	0.4			5:51	8:34	
4	Sun	6:00	4.9	6:48	6.9	12:16	1.6	11:51 AM	1.0	5:52	8:34	
5	Mon	7:29	4.6	7:38	7.2	1:29	1.1	12:49	1.6	5:52	8:34	
6	Tue	9:00	4.6	8:30	7.5	2:36	0.5	1:53	2.0	5:53	8:33	
7	Wed	10:19	4.9	9:23	7.8	3:37	-0.1	2:57	2.3	5:54	8:33	
8	Thu	11:23	5.2	10:15	7.9	4:31	-0.5	3:58	2.5	5:54	8:33	
9	Fri			12:17	5.5	5:21	-0.9	4:56	2.5	5:55	8:32	
10	Sat			1:05	5.8	6:07	-1.0	5:50	2.5	5:55	8:32	
11	Sun			1:50	6.0	6:51	-1.1	6:43	2.4	5:56	8:32	
12	Mon	12:41	7.6	2:31	6.1	7:33	-1.0	7:34	2.4	5:57	8:31	
13	Tue	1:27	7.3	3:10	6.2	8:13	-0.7	8:24	2.3	5:57	8:31	
14	Wed	2:13	6.8	3:48	6.2	8:52	-0.4	9:16	2.2	5:58	8:30	
15	Thu	2:59	6.2	4:25	6.2	9:30	0.1	10:11	2.1	5:59	8:30	
16	Fri	3:47	5.6	5:01	6.2	10:09	0.6	11:10	2.0	6:00	8:29	
17	Sat	4:42	5.0	5:39	6.3	10:50	1.1			6:00	8:29	
18	Sun	5:48	4.5	6:20	6.3	12:14	1.9	11:35 AM	1.7	6:01	8:28	
19	Mon	7:12	4.2	7:04	6.4	1:20	1.6	12:28	2.2	6:02	8:28	
20	Tue	8:44	4.2	7:51	6.5	2:23	1.3	1:28	2.5	6:03	8:27	
21	Wed	10:03	4.4	8:39	6.7	3:18	0.9	2:29	2.8	6:03	8:26	
22	Thu	11:00	4.7	9:25	6.9	4:05	0.6	3:24	2.9	6:04	8:26	
23	Fri	11:44	5.0	10:10	7.1	4:46	0.2	4:13	2.9	6:05	8:25	
24	Sat			12:22	5.3	5:24	-0.1	4:58	2.8	6:06	8:24	
25	Sun			12:57	5.5	5:59	-0.3	5:40	2.7	6:07	8:23	
26	Mon			1:30	5.7	6:34	-0.5	6:23	2.5	6:07	8:22	
27	Tue	12:21	7.4	2:04	6.0	7:10	-0.6	7:07	2.3	6:08	8:22	
28	Wed	1:06	7.3	2:38	6.2	7:46	-0.6	7:53	2.0	6:09	8:21	
29	Thu	1:53	7.0	3:14	6.5	8:23	-0.3	8:44	1.8	6:10	8:20	
30	Fri	2:43	6.6	3:52	6.7	9:03	0.0	9:39	1.5	6:11	8:19	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	3:39	6.1	4:33	6.9	9:45	0.5	10:42	1.3	6:11	8:18	