

San Leandro Channel, San Leandro Bay, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:05	6.1	4:37	4.8	11:11	2.2	10:46	1.1	7:24	5:00	
2	Mon	5:50	6.4	6:05	4.5			12:21	1.7	7:24	5:01	
3	Tue	6:37	6.7	7:37	4.5			1:26	1.1	7:24	5:02	
4	Wed	7:26	7.1	8:57	4.8	12:45	1.9	2:23	0.4	7:24	5:03	
5	Thu	8:15	7.5	10:04	5.2	1:47	2.2	3:16	-0.2	7:24	5:04	
6	Fri	9:05	7.8	11:00	5.6	2:47	2.3	4:05	-0.8	7:24	5:05	
7	Sat	9:55	8.1	11:50	5.9	3:43	2.4	4:53	-1.2	7:24	5:06	
8	Sun	10:46	8.2			4:38	2.3	5:40	-1.5	7:24	5:06	
9	Mon	12:37	6.2	11:36 AM	8.2	5:32	2.2	6:26	-1.5	7:24	5:07	
10	Tue	1:23	6.4	12:27	7.9	6:27	2.1	7:12	-1.3	7:24	5:08	
11	Wed	2:07	6.5	1:19	7.4	7:23	2.0	7:57	-0.9	7:24	5:09	
12	Thu	2:52	6.6	2:13	6.8	8:22	1.9	8:43	-0.4	7:23	5:10	
13	Fri	3:37	6.6	3:10	6.0	9:25	1.9	9:30	0.2	7:23	5:11	
14	Sat	4:24	6.6	4:16	5.3	10:35	1.7	10:21	0.8	7:23	5:12	
15	Sun	5:13	6.6	5:34	4.7	11:49	1.5	11:17	1.5	7:23	5:13	
16	Mon	6:03	6.6	7:05	4.5			1:00	1.2	7:22	5:14	
17	Tue	6:53	6.7	8:32	4.6	12:19	2.0	2:04	0.9	7:22	5:15	
18	Wed	7:42	6.7	9:40	4.8	1:23	2.3	2:58	0.5	7:21	5:17	
19	Thu	8:28	6.8	10:33	5.1	2:22	2.6	3:43	0.3	7:21	5:18	
20	Fri	9:10	6.9	11:15	5.3	3:14	2.7	4:23	0.0	7:20	5:19	
21	Sat	9:50	7.0	11:52	5.5	3:59	2.7	4:58	-0.1	7:20	5:20	
22	Sun	10:28	7.0			4:40	2.7	5:30	-0.3	7:19	5:21	
23	Mon	12:24	5.6	11:05 AM	7.0	5:18	2.6	6:00	-0.3	7:19	5:22	
24	Tue	12:54	5.7	11:42 AM	6.9	5:54	2.5	6:30	-0.3	7:18	5:23	
25	Wed	1:24	5.8	12:18	6.7	6:29	2.4	6:59	-0.3	7:18	5:24	
26	Thu	1:53	5.9	12:56	6.5	7:07	2.3	7:30	-0.1	7:17	5:25	
27	Fri	2:24	6.0	1:36	6.2	7:47	2.1	8:03	0.1	7:16	5:26	
28	Sat	2:57	6.1	2:21	5.7	8:33	2.0	8:40	0.5	7:15	5:27	
29	Sun	3:33	6.2	3:15	5.2	9:26	1.8	9:20	1.0	7:15	5:29	
30	Mon	4:13	6.4	4:25	4.8	10:29	1.6	10:08	1.5	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	4:59	6.6	5:54	4.4	11:39	1.2	11:07	2.0	7:13	5:31	