

San Leandro Channel, San Leandro Bay, CA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:18	6.6	5:55	4.6	11:07	0.6	10:48	2.4	6:40	6:02	
2	Thu	5:17	6.6	7:25	4.7			12:21	0.3	6:38	6:03	
3	Fri	6:25	6.7	8:39	5.0	12:08	2.6	1:33	0.0	6:37	6:04	
4	Sat	7:33	6.8	9:35	5.4	1:29	2.5	2:35	-0.3	6:36	6:05	
5	Sun	8:38	7.0	10:21	5.8	2:37	2.3	3:29	-0.5	6:34	6:06	
6	Mon	9:37	7.2	11:02	6.2	3:36	1.9	4:17	-0.6	6:33	6:07	
7	Tue	10:32	7.2	11:41	6.4	4:28	1.5	5:01	-0.6	6:31	6:08	
8	Wed	11:24	7.1			5:17	1.1	5:43	-0.4	6:30	6:09	
9	Thu	12:18	6.6	12:14	6.8	6:04	0.8	6:23	-0.1	6:28	6:10	
10	Fri	12:54	6.7	1:03	6.4	6:50	0.6	7:02	0.4	6:27	6:11	
11	Sat	1:29	6.7	1:53	6.0	7:36	0.5	7:42	0.8	6:25	6:12	
12	Sun	2:05	6.6	2:45	5.5	8:23	0.5	8:23	1.4	6:24	6:13	
13	Mon	2:41	6.5	3:43	5.0	9:12	0.6	9:08	1.9	6:22	6:14	
14	Tue	3:20	6.2	4:51	4.7	10:07	0.7	10:01	2.3	6:21	6:14	
15	Wed	4:05	6.0	6:12	4.5	11:10	0.8	11:10	2.7	6:19	6:15	
16	Thu	4:58	5.7	7:35	4.6			12:19	0.8	6:18	6:16	
17	Fri	6:01	5.6	8:38	4.8	12:29	2.8	1:24	0.7	6:16	6:17	
18	Sat	7:06	5.6	9:23	5.1	1:39	2.7	2:20	0.6	6:15	6:18	
19	Sun	8:06	5.7	9:58	5.3	2:35	2.4	3:06	0.4	6:13	6:19	
20	Mon	8:59	5.9	10:28	5.5	3:21	2.1	3:45	0.3	6:12	6:20	
21	Tue	9:47	6.0	10:56	5.7	4:01	1.8	4:19	0.3	6:10	6:21	
22	Wed	10:32	6.1	11:24	6.0	4:37	1.5	4:52	0.3	6:09	6:22	
23	Thu	11:15	6.2	11:53	6.2	5:12	1.1	5:24	0.4	6:07	6:23	
24	Fri	11:59	6.1			5:47	0.7	5:57	0.5	6:06	6:24	
25	Sat	12:23	6.4	12:45	6.0	6:25	0.4	6:31	0.8	6:04	6:25	
26	Sun	12:55	6.6	1:33	5.8	7:05	0.1	7:08	1.1	6:03	6:26	
27	Mon	1:30	6.7	2:26	5.5	7:50	-0.1	7:49	1.5	6:01	6:27	
28	Tue	2:08	6.8	3:26	5.2	8:40	-0.2	8:36	1.9	6:00	6:27	
29	Wed	2:53	6.7	4:36	5.0	9:37	-0.2	9:33	2.3	5:58	6:28	
30	Thu	3:47	6.5	5:54	4.9	10:43	-0.1	10:47	2.6	5:57	6:29	
31	Fri	4:52	6.3	7:10	5.1	11:55	-0.1			5:55	6:30	