

San Leandro Channel, San Leandro Bay, CA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	5.0	10:21	7.2	4:47	0.1	4:10	2.3	5:50	8:34	
2	Sun			12:17	5.2	5:29	-0.2	4:57	2.5	5:51	8:34	
3	Mon			1:01	5.4	6:07	-0.3	5:41	2.7	5:51	8:34	
4	Tue			1:41	5.4	6:41	-0.4	6:22	2.7	5:52	8:34	
5	Wed	12:11	7.0	2:17	5.5	7:14	-0.4	7:01	2.8	5:52	8:34	
6	Thu	12:47	6.9	2:50	5.5	7:45	-0.4	7:40	2.8	5:53	8:33	
7	Fri	1:22	6.7	3:22	5.6	8:17	-0.3	8:20	2.7	5:53	8:33	
8	Sat	1:59	6.5	3:54	5.7	8:49	-0.2	9:02	2.7	5:54	8:33	
9	Sun	2:38	6.1	4:28	5.8	9:22	0.0	9:49	2.6	5:55	8:33	
10	Mon	3:21	5.7	5:03	5.9	9:58	0.3	10:43	2.4	5:55	8:32	
11	Tue	4:10	5.3	5:42	6.1	10:37	0.7	11:45	2.2	5:56	8:32	
12	Wed	5:11	4.8	6:24	6.3	11:22	1.1			5:56	8:32	
13	Thu	6:29	4.5	7:09	6.6	12:51	1.8	12:13	1.5	5:57	8:31	
14	Fri	7:59	4.4	7:56	6.9	1:56	1.3	1:12	1.9	5:58	8:31	
15	Sat	9:24	4.5	8:46	7.3	2:55	0.7	2:13	2.2	5:59	8:30	
16	Sun	10:35	4.9	9:36	7.7	3:49	0.1	3:14	2.4	5:59	8:30	
17	Mon	11:34	5.3	10:28	8.0	4:39	-0.5	4:12	2.5	6:00	8:29	
18	Tue			12:25	5.6	5:28	-0.9	5:08	2.4	6:01	8:29	
19	Wed			1:12	6.0	6:15	-1.2	6:03	2.3	6:01	8:28	
20	Thu	12:11	8.2	1:57	6.2	7:02	-1.3	6:58	2.1	6:02	8:27	
21	Fri	1:03	8.0	2:42	6.5	7:48	-1.2	7:54	2.0	6:03	8:27	
22	Sat	1:56	7.7	3:26	6.6	8:34	-0.9	8:53	1.8	6:04	8:26	
23	Sun	2:51	7.1	4:10	6.8	9:20	-0.5	9:55	1.7	6:05	8:25	
24	Mon	3:49	6.4	4:56	6.9	10:08	0.1	11:02	1.6	6:05	8:24	
25	Tue	4:52	5.7	5:44	6.9	10:57	0.7			6:06	8:24	
26	Wed	6:06	5.1	6:34	6.9	12:14	1.4	11:52 AM	1.4	6:07	8:23	
27	Thu	7:32	4.7	7:26	6.9	1:26	1.2	12:53	1.9	6:08	8:22	
28	Fri	8:59	4.7	8:18	6.9	2:34	0.9	1:57	2.3	6:09	8:21	
29	Sat	10:13	4.9	9:08	7.0	3:33	0.6	2:59	2.6	6:09	8:20	
30	Sun	11:11	5.2	9:53	7.0	4:23	0.4	3:54	2.7	6:10	8:19	
31	Mon	11:57	5.4	10:36	7.0	5:06	0.2	4:42	2.7	6:11	8:18	