

San Leandro Channel, San Leandro Bay, CA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:31	6.3	1:32	7.5	7:35	2.3	8:16	-1.1	7:24	5:00	
2	Tue	3:18	6.4	2:28	6.8	8:38	2.2	9:06	-0.6	7:24	5:01	
3	Wed	4:07	6.6	3:31	6.1	9:48	2.1	9:58	0.0	7:24	5:02	
4	Thu	4:57	6.7	4:44	5.4	11:05	1.8	10:53	0.6	7:24	5:03	
5	Fri	5:50	6.8	6:08	4.9			12:23	1.5	7:24	5:04	
6	Sat	6:42	7.0	7:38	4.7			1:34	1.0	7:24	5:04	
7	Sun	7:33	7.1	8:59	4.9	12:56	1.7	2:36	0.5	7:24	5:05	
8	Mon	8:21	7.2	10:05	5.1	1:57	2.1	3:28	0.1	7:24	5:06	
9	Tue	9:05	7.3	10:59	5.4	2:53	2.4	4:13	-0.2	7:24	5:07	
10	Wed	9:47	7.3	11:45	5.6	3:44	2.5	4:52	-0.3	7:24	5:08	
11	Thu	10:25	7.2			4:30	2.6	5:28	-0.4	7:24	5:09	
12	Fri	12:25	5.7	11:02 AM	7.1	5:12	2.7	6:01	-0.4	7:23	5:10	
13	Sat	1:01	5.7	11:37 AM	7.0	5:52	2.7	6:33	-0.4	7:23	5:11	
14	Sun	1:34	5.7	12:12	6.8	6:30	2.7	7:04	-0.3	7:23	5:12	
15	Mon	2:05	5.7	12:48	6.6	7:08	2.6	7:35	-0.2	7:23	5:13	
16	Tue	2:36	5.7	1:25	6.2	7:47	2.6	8:07	0.1	7:22	5:14	
17	Wed	3:07	5.8	2:04	5.8	8:30	2.5	8:40	0.4	7:22	5:15	
18	Thu	3:41	5.9	2:50	5.4	9:19	2.4	9:17	0.7	7:22	5:16	
19	Fri	4:18	6.0	3:45	4.9	10:17	2.2	9:58	1.2	7:21	5:17	
20	Sat	4:59	6.1	4:59	4.4	11:23	2.0	10:47	1.6	7:21	5:18	
21	Sun	5:44	6.3	6:32	4.2			12:32	1.5	7:20	5:19	
22	Mon	6:33	6.6	8:04	4.4			1:35	1.0	7:20	5:21	
23	Tue	7:24	6.9	9:19	4.7	12:51	2.4	2:30	0.4	7:19	5:22	
24	Wed	8:15	7.3	10:17	5.2	1:56	2.5	3:20	-0.2	7:18	5:23	
25	Thu	9:07	7.6	11:06	5.6	2:55	2.6	4:08	-0.8	7:18	5:24	
26	Fri	9:58	7.9	11:51	5.9	3:50	2.5	4:54	-1.1	7:17	5:25	
27	Sat	10:49	8.1			4:43	2.3	5:40	-1.3	7:16	5:26	
28	Sun	12:34	6.2	11:40 AM	8.0	5:35	2.0	6:24	-1.4	7:16	5:27	
29	Mon	1:16	6.4	12:32	7.8	6:28	1.8	7:09	-1.1	7:15	5:28	
30	Tue	1:58	6.6	1:25	7.3	7:23	1.6	7:54	-0.7	7:14	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	2:41	6.8	2:20	6.7	8:21	1.5	8:39	-0.2	7:13	5:31	