

San Leandro Channel, San Leandro Bay, CA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:02	5.8	10:48 AM	7.7	4:47	2.5	5:48	-0.8	7:24	5:00	
2	Wed	12:48	5.9	11:28 AM	7.5	5:34	2.6	6:27	-0.8	7:24	5:01	
3	Thu	1:31	5.9	12:07	7.2	6:20	2.7	7:04	-0.7	7:24	5:02	
4	Fri	2:11	5.9	12:45	6.9	7:05	2.7	7:40	-0.5	7:24	5:02	
5	Sat	2:49	5.8	1:24	6.5	7:50	2.8	8:16	-0.2	7:24	5:03	
6	Sun	3:26	5.8	2:05	6.0	8:39	2.7	8:54	0.1	7:24	5:04	
7	Mon	4:03	5.8	2:50	5.5	9:34	2.7	9:33	0.5	7:24	5:05	
8	Tue	4:41	5.8	3:43	5.0	10:36	2.5	10:15	1.0	7:24	5:06	
9	Wed	5:21	5.9	4:52	4.5	11:45	2.3	11:02	1.5	7:24	5:07	
10	Thu	6:03	6.0	6:18	4.2			12:51	1.9	7:24	5:08	
11	Fri	6:46	6.3	7:50	4.2			1:49	1.4	7:24	5:09	
12	Sat	7:29	6.5	9:07	4.5	12:54	2.2	2:38	0.9	7:23	5:10	
13	Sun	8:12	6.8	10:07	4.8	1:51	2.5	3:21	0.4	7:23	5:11	
14	Mon	8:55	7.1	10:56	5.2	2:44	2.6	4:01	-0.1	7:23	5:12	
15	Tue	9:38	7.4	11:40	5.5	3:32	2.7	4:41	-0.6	7:23	5:13	
16	Wed	10:22	7.7			4:19	2.7	5:21	-1.0	7:22	5:14	
17	Thu	12:22	5.7	11:07 AM	7.8	5:05	2.6	6:02	-1.2	7:22	5:15	
18	Fri	1:02	5.9	11:54 AM	7.8	5:52	2.5	6:44	-1.3	7:22	5:16	
19	Sat	1:43	6.1	12:42	7.6	6:42	2.3	7:27	-1.2	7:21	5:17	
20	Sun	2:24	6.3	1:33	7.2	7:35	2.1	8:11	-0.8	7:21	5:18	
21	Mon	3:07	6.5	2:29	6.6	8:33	1.9	8:57	-0.3	7:20	5:19	
22	Tue	3:52	6.6	3:32	5.9	9:39	1.8	9:47	0.3	7:20	5:20	
23	Wed	4:39	6.8	4:47	5.2	10:53	1.5	10:41	0.9	7:19	5:21	
24	Thu	5:31	6.9	6:15	4.8			12:12	1.1	7:19	5:22	
25	Fri	6:25	7.0	7:49	4.7			1:26	0.7	7:18	5:24	
26	Sat	7:20	7.2	9:09	5.0	12:50	2.1	2:30	0.2	7:17	5:25	
27	Sun	8:14	7.3	10:13	5.3	1:57	2.4	3:26	-0.1	7:17	5:26	
28	Mon	9:04	7.4	11:05	5.6	2:58	2.5	4:13	-0.4	7:16	5:27	
29	Tue	9:51	7.4	11:49	5.8	3:53	2.6	4:55	-0.5	7:15	5:28	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Wed	10:34	7.3			4:41	2.5	5:33	-0.6	7:14	5:29	
31	Thu	12:28	5.9	11:15 AM	7.1	5:25	2.5	6:08	-0.5	7:14	5:30	