

San Leandro Channel, San Leandro Bay, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:31	5.9	2:22	6.1	8:42	2.6	9:03	-0.1	7:24	5:00	
2	Tue	4:07	6.2	3:22	5.4	9:47	2.2	9:45	0.5	7:24	5:01	
3	Wed	4:46	6.5	4:39	4.8	10:59	1.8	10:32	1.1	7:24	5:02	
4	Thu	5:28	6.8	6:17	4.4			12:15	1.2	7:24	5:03	
5	Fri	6:14	7.1	8:02	4.4			1:26	0.6	7:24	5:04	
6	Sat	7:05	7.5	9:29	4.7	12:29	2.4	2:29	-0.1	7:24	5:05	
7	Sun	7:59	7.7	10:35	5.2	1:37	2.9	3:26	-0.7	7:24	5:06	
8	Mon	8:53	8.0	11:27	5.5	2:44	3.0	4:17	-1.1	7:24	5:07	
9	Tue	9:46	8.1			3:45	3.1	5:05	-1.3	7:24	5:07	
10	Wed	12:13	5.8	10:38 AM	8.0	4:41	2.9	5:50	-1.4	7:24	5:08	
11	Thu	12:55	6.0	11:27 AM	7.8	5:35	2.8	6:32	-1.3	7:24	5:09	
12	Fri	1:35	6.1	12:15	7.5	6:26	2.6	7:12	-1.0	7:23	5:10	
13	Sat	2:12	6.1	1:01	7.0	7:17	2.4	7:50	-0.6	7:23	5:11	
14	Sun	2:48	6.2	1:47	6.3	8:09	2.3	8:26	-0.1	7:23	5:12	
15	Mon	3:23	6.2	2:36	5.6	9:04	2.1	9:01	0.5	7:22	5:13	
16	Tue	3:57	6.2	3:31	4.9	10:03	2.0	9:38	1.1	7:22	5:14	
17	Wed	4:31	6.3	4:41	4.3	11:08	1.7	10:18	1.8	7:22	5:16	
18	Thu	5:08	6.3	6:18	4.0			12:16	1.5	7:21	5:17	
19	Fri	5:50	6.4	8:16	4.0			1:21	1.1	7:21	5:18	
20	Sat	6:36	6.5	9:41	4.4	12:09	2.9	2:19	0.7	7:20	5:19	
21	Sun	7:26	6.6	10:33	4.8	1:22	3.2	3:09	0.3	7:20	5:20	
22	Mon	8:16	6.8	11:11	5.0	2:26	3.4	3:52	0.0	7:19	5:21	
23	Tue	9:04	7.0	11:43	5.2	3:18	3.3	4:30	-0.3	7:19	5:22	
24	Wed	9:49	7.2			4:02	3.2	5:06	-0.6	7:18	5:23	
25	Thu	12:13	5.4	10:32 AM	7.3	4:42	3.0	5:39	-0.8	7:18	5:24	
26	Fri	12:41	5.5	11:14 AM	7.4	5:21	2.8	6:12	-0.9	7:17	5:25	
27	Sat	1:10	5.7	11:56 AM	7.3	6:02	2.5	6:45	-0.8	7:16	5:26	
28	Sun	1:39	5.9	12:41	7.0	6:45	2.2	7:19	-0.6	7:15	5:28	
29	Mon	2:09	6.2	1:29	6.5	7:33	1.9	7:54	-0.2	7:15	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	2:40	6.5	2:22	5.9	8:25	1.5	8:31	0.4	7:14	5:30	
31	Wed	3:15	6.7	3:26	5.2	9:25	1.2	9:10	1.1	7:13	5:31	