

San Leandro Channel, San Leandro Bay, CA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:29	7.2	3:39	5.1	9:05	0.1	8:44	1.9	6:40	6:02	
2	Fri	3:11	7.2	5:03	4.6	10:09	0.0	9:36	2.5	6:38	6:03	
3	Sat	4:03	7.1	6:43	4.5	11:24	0.0	10:48	3.0	6:37	6:04	
4	Sun	5:06	6.9	8:14	4.8			12:45	-0.1	6:35	6:05	
5	Mon	6:20	6.8	9:16	5.2	12:23	3.2	1:58	-0.2	6:34	6:06	
6	Tue	7:34	6.7	10:02	5.5	1:49	3.0	2:59	-0.4	6:33	6:07	
7	Wed	8:41	6.7	10:41	5.8	2:56	2.6	3:48	-0.5	6:31	6:08	
8	Thu	9:39	6.7	11:15	6.0	3:51	2.2	4:30	-0.4	6:30	6:09	
9	Fri	10:30	6.6	11:45	6.1	4:38	1.7	5:06	-0.2	6:28	6:10	
10	Sat	11:17	6.4			5:21	1.4	5:38	0.0	6:27	6:11	
11	Sun	12:13	6.3	12:02	6.1	6:00	1.1	6:09	0.4	6:25	6:12	
12	Mon	12:38	6.3	12:45	5.8	6:38	0.8	6:38	0.9	6:24	6:13	
13	Tue	1:02	6.4	1:29	5.4	7:15	0.6	7:07	1.4	6:22	6:14	
14	Wed	1:26	6.4	2:15	5.1	7:52	0.5	7:37	1.9	6:21	6:15	
15	Thu	1:51	6.4	3:06	4.7	8:32	0.5	8:07	2.3	6:19	6:15	
16	Fri	2:20	6.3	4:08	4.4	9:16	0.5	8:41	2.8	6:18	6:16	
17	Sat	2:56	6.1	5:31	4.2	10:10	0.6	9:25	3.1	6:16	6:17	
18	Sun	3:43	5.9	7:17	4.2	11:15	0.7	10:42	3.3	6:15	6:18	
19	Mon	4:42	5.8	8:30	4.5			12:27	0.6	6:13	6:19	
20	Tue	5:53	5.7	9:10	4.7	12:27	3.3	1:33	0.4	6:12	6:20	
21	Wed	7:04	5.8	9:39	5.0	1:42	3.1	2:26	0.1	6:10	6:21	
22	Thu	8:08	6.0	10:06	5.3	2:36	2.7	3:10	-0.1	6:09	6:22	
23	Fri	9:06	6.2	10:32	5.7	3:21	2.2	3:48	-0.2	6:07	6:23	
24	Sat	10:00	6.4	11:00	6.1	4:03	1.6	4:25	-0.1	6:06	6:24	
25	Sun	10:53	6.4	11:28	6.5	4:46	0.9	5:01	0.1	6:04	6:25	
26	Mon	11:47	6.3	11:59	6.9	5:29	0.3	5:38	0.5	6:03	6:26	
27	Tue			12:42	6.1	6:14	-0.3	6:16	1.0	6:01	6:27	
28	Wed	12:32	7.2	1:40	5.8	7:02	-0.7	6:56	1.5	5:59	6:28	
29	Thu	1:09	7.4	2:42	5.4	7:52	-0.8	7:39	2.1	5:58	6:28	
30	Fri	1:51	7.4	3:52	5.1	8:48	-0.8	8:29	2.5	5:56	6:29	
31	Sat	2:39	7.2	5:11	4.9	9:51	-0.7	9:34	2.9	5:55	6:30	