

San Leandro Channel, San Leandro Bay, CA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:15	4.8	9:01	6.8	3:52	0.5	3:13	3.4	6:12	8:17	
2	Thu	11:56	5.1	9:50	7.0	4:38	0.2	4:06	3.3	6:13	8:16	
3	Fri			12:28	5.3	5:18	0.0	4:51	3.2	6:14	8:15	
4	Sat			12:58	5.4	5:54	-0.3	5:31	3.0	6:15	8:14	
5	Sun			1:25	5.5	6:26	-0.4	6:09	2.8	6:15	8:13	
6	Mon	12:00	7.3	1:52	5.7	6:58	-0.5	6:47	2.6	6:16	8:12	
7	Tue	12:41	7.2	2:19	5.9	7:29	-0.4	7:28	2.3	6:17	8:11	
8	Wed	1:24	6.9	2:47	6.2	8:00	-0.2	8:12	1.9	6:18	8:10	
9	Thu	2:10	6.5	3:16	6.5	8:33	0.1	9:00	1.6	6:19	8:09	
10	Fri	3:01	6.0	3:48	6.8	9:07	0.7	9:55	1.3	6:20	8:08	
11	Sat	4:00	5.5	4:25	7.0	9:45	1.3	10:56	1.0	6:21	8:07	
12	Sun	5:14	4.9	5:07	7.2	10:28	2.0			6:21	8:05	
13	Mon	6:47	4.5	5:59	7.3	12:06	0.7	11:22 AM	2.6	6:22	8:04	
14	Tue	8:31	4.6	7:00	7.4	1:23	0.4	12:32	3.1	6:23	8:03	
15	Wed	9:56	4.9	8:07	7.5	2:36	0.1	1:55	3.3	6:24	8:02	
16	Thu	10:54	5.3	9:12	7.7	3:41	-0.3	3:11	3.2	6:25	8:00	
17	Fri	11:40	5.6	10:13	7.7	4:36	-0.6	4:15	2.9	6:26	7:59	
18	Sat			12:20	5.9	5:24	-0.7	5:11	2.5	6:27	7:58	
19	Sun			12:57	6.1	6:07	-0.7	6:02	2.2	6:27	7:57	
20	Mon	12:00	7.5	1:31	6.3	6:46	-0.5	6:50	1.9	6:28	7:55	
21	Tue	12:49	7.2	2:04	6.4	7:22	-0.2	7:37	1.6	6:29	7:54	
22	Wed	1:36	6.8	2:34	6.5	7:57	0.3	8:23	1.4	6:30	7:52	
23	Thu	2:24	6.2	3:04	6.6	8:30	0.8	9:09	1.3	6:31	7:51	
24	Fri	3:14	5.7	3:33	6.6	9:04	1.4	9:57	1.2	6:32	7:50	
25	Sat	4:09	5.1	4:05	6.5	9:39	2.0	10:50	1.2	6:33	7:48	
26	Sun	5:15	4.7	4:41	6.4	10:18	2.6	11:51	1.2	6:33	7:47	
27	Mon	6:44	4.4	5:26	6.3	11:08	3.1			6:34	7:45	
28	Tue	8:35	4.5	6:22	6.3	1:00	1.1	12:23	3.4	6:35	7:44	
29	Wed	9:54	4.7	7:26	6.3	2:10	0.9	1:51	3.5	6:36	7:43	
30	Thu	10:40	5.0	8:28	6.4	3:10	0.7	2:58	3.4	6:37	7:41	
31	Fri	11:13	5.2	9:24	6.6	3:59	0.4	3:50	3.1	6:38	7:40	