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# San Leandro Channel, San Leandro Bay, CA - Jan 1997

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 5:34 | 6.0 | 5:18 | 4.4 | | | 12:05 | 2.2 | 7:24 | 5:01 | |
| 2 | Thu | 6:18 | 6.2 | 6:47 | 4.2 | | | 1:08 | 1.7 | 7:24 | 5:01 | |
| 3 | Fri | 7:02 | 6.5 | 8:13 | 4.3 | 12:13 | 1.9 | 2:02 | 1.2 | 7:24 | 5:02 | |
| 4 | Sat | 7:46 | 6.8 | 9:25 | 4.7 | 1:12 | 2.2 | 2:50 | 0.6 | 7:24 | 5:03 | |
| 5 | Sun | 8:31 | 7.2 | 10:22 | 5.0 | 2:09 | 2.4 | 3:34 | 0.0 | 7:24 | 5:04 | |
| 6 | Mon | 9:15 | 7.5 | 11:12 | 5.4 | 3:02 | 2.5 | 4:16 | -0.6 | 7:24 | 5:05 | |
| 7 | Tue | 10:01 | 7.8 | 11:58 | 5.7 | 3:52 | 2.5 | 4:59 | -1.0 | 7:24 | 5:06 | |
| 8 | Wed | 10:48 | 8.0 | | | 4:42 | 2.5 | 5:43 | -1.3 | 7:24 | 5:07 | |
| 9 | Thu | 12:42 | 6.0 | 11:36 AM | 8.0 | 5:32 | 2.4 | 6:27 | -1.4 | 7:24 | 5:08 | |
| 10 | Fri | 1:25 | 6.2 | 12:26 | 7.9 | 6:24 | 2.2 | 7:11 | -1.3 | 7:24 | 5:09 | |
| 11 | Sat | 2:08 | 6.4 | 1:18 | 7.5 | 7:18 | 2.1 | 7:57 | -1.0 | 7:23 | 5:10 | |
| 12 | Sun | 2:53 | 6.6 | 2:13 | 6.9 | 8:17 | 1.9 | 8:44 | -0.6 | 7:23 | 5:11 | |
| 13 | Mon | 3:39 | 6.7 | 3:14 | 6.2 | 9:23 | 1.8 | 9:33 | 0.0 | 7:23 | 5:12 | |
| 14 | Tue | 4:27 | 6.8 | 4:24 | 5.5 | 10:36 | 1.6 | 10:26 | 0.7 | 7:23 | 5:13 | |
| 15 | Wed | 5:18 | 6.9 | 5:47 | 4.9 | 11:53 | 1.3 | 11:26 | 1.3 | 7:22 | 5:14 | |
| 16 | Thu | 6:12 | 7.0 | 7:19 | 4.7 | | | 1:08 | 0.9 | 7:22 | 5:15 | |
| 17 | Fri | 7:06 | 7.1 | 8:43 | 4.8 | 12:31 | 1.9 | 2:14 | 0.5 | 7:22 | 5:16 | |
| 18 | Sat | 7:59 | 7.2 | 9:51 | 5.1 | 1:37 | 2.2 | 3:11 | 0.1 | 7:21 | 5:17 | |
| 19 | Sun | 8:48 | 7.2 | 10:46 | 5.4 | 2:38 | 2.4 | 3:58 | -0.1 | 7:21 | 5:18 | |
| 20 | Mon | 9:33 | 7.2 | 11:31 | 5.6 | 3:33 | 2.5 | 4:40 | -0.3 | 7:20 | 5:19 | |
| 21 | Tue | 10:15 | 7.2 | | | 4:21 | 2.6 | 5:17 | -0.4 | 7:20 | 5:20 | |
| 22 | Wed | 12:11 | 5.7 | 10:54 AM | 7.1 | 5:04 | 2.5 | 5:51 | -0.4 | 7:19 | 5:21 | |
| 23 | Thu | 12:46 | 5.8 | 11:31 AM | 7.0 | 5:44 | 2.5 | 6:22 | -0.3 | 7:19 | 5:22 | |
| 24 | Fri | 1:18 | 5.8 | 12:07 | 6.8 | 6:22 | 2.4 | 6:53 | -0.2 | 7:18 | 5:23 | |
| 25 | Sat | 1:47 | 5.8 | 12:42 | 6.5 | 6:59 | 2.4 | 7:23 | -0.1 | 7:17 | 5:25 | |
| 26 | Sun | 2:16 | 5.8 | 1:19 | 6.2 | 7:37 | 2.3 | 7:53 | 0.2 | 7:17 | 5:26 | |
| 27 | Mon | 2:45 | 5.9 | 1:58 | 5.8 | 8:17 | 2.2 | 8:25 | 0.5 | 7:16 | 5:27 | |
| 28 | Tue | 3:17 | 5.9 | 2:42 | 5.3 | 9:03 | 2.1 | 8:59 | 0.9 | 7:15 | 5:28 | |
| 29 | Wed | 3:51 | 6.0 | 3:35 | 4.8 | 9:56 | 2.0 | 9:37 | 1.4 | 7:14 | 5:29 | |
| 30 | Thu | 4:31 | 6.1 | 4:45 | 4.4 | 10:58 | 1.8 | 10:24 | 1.8 | 7:14 | 5:30 | |

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Fri | **5:16** | 6.2 | **6:17** | 4.2 | | | **12:07** | 1.4 | 7:13 | 5:31 | |