
































## San Leandro Channel, San Leandro Bay, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:34	5.2	9:41	7.0	4:24	0.1	3:53	3.2	6:12	8:17	
2	Sun			12:15	5.4	5:08	-0.1	4:43	3.2	6:13	8:16	
3	Mon			12:50	5.5	5:46	-0.2	5:26	3.0	6:14	8:15	
4	Tue			1:19	5.5	6:20	-0.2	6:04	2.8	6:15	8:14	
5	Wed			1:45	5.6	6:51	-0.2	6:40	2.7	6:16	8:13	
6	Thu	12:27	6.9	2:09	5.7	7:19	-0.2	7:16	2.5	6:17	8:12	
7	Fri	1:04	6.7	2:33	5.9	7:46	0.0	7:52	2.3	6:18	8:11	
8	Sat	1:42	6.4	2:57	6.1	8:13	0.2	8:30	2.1	6:18	8:10	
9	Sun	2:22	6.0	3:23	6.3	8:41	0.6	9:13	1.8	6:19	8:08	
10	Mon	3:07	5.6	3:52	6.5	9:11	1.1	10:01	1.6	6:20	8:07	
11	Tue	4:01	5.1	4:25	6.6	9:45	1.6	10:57	1.4	6:21	8:06	
12	Wed	5:10	4.6	5:04	6.8	10:23	2.2			6:22	8:05	
13	Thu	6:44	4.3	5:53	7.0	12:03	1.1	11:13 AM	2.7	6:23	8:04	
14	Fri	8:31	4.4	6:52	7.1	1:16	0.7	12:21	3.1	6:24	8:02	
15	Sat	9:55	4.7	7:58	7.4	2:28	0.3	1:44	3.3	6:24	8:01	
16	Sun	10:51	5.1	9:03	7.6	3:31	-0.2	3:00	3.2	6:25	8:00	
17	Mon	11:35	5.5	10:05	7.9	4:26	-0.6	4:04	2.9	6:26	7:59	
18	Tue			12:13	5.8	5:15	-0.9	5:01	2.5	6:27	7:57	
19	Wed			12:50	6.2	6:00	-0.9	5:55	2.0	6:28	7:56	
20	Thu			1:26	6.5	6:42	-0.8	6:48	1.5	6:29	7:55	
21	Fri	12:53	7.6	2:01	6.8	7:22	-0.4	7:40	1.2	6:30	7:53	
22	Sat	1:47	7.1	2:37	7.0	8:02	0.1	8:33	0.9	6:30	7:52	
23	Sun	2:42	6.5	3:13	7.1	8:41	0.7	9:28	0.7	6:31	7:51	
24	Mon	3:41	5.8	3:51	7.1	9:22	1.4	10:26	0.7	6:32	7:49	
25	Tue	4:48	5.3	4:32	7.0	10:06	2.1	11:29	0.7	6:33	7:48	
26	Wed	6:09	4.8	5:19	6.8	10:59	2.7			6:34	7:46	
27	Thu	7:47	4.7	6:14	6.6	12:39	0.7	12:10	3.2	6:35	7:45	
28	Fri	9:16	4.9	7:17	6.5	1:51	0.7	1:33	3.4	6:36	7:43	
29	Sat	10:18	5.2	8:20	6.5	2:56	0.6	2:46	3.3	6:36	7:42	
30	Sun	11:01	5.4	9:18	6.6	3:51	0.4	3:43	3.1	6:37	7:41	
31	Mon	11:35	5.5	10:07	6.7	4:35	0.3	4:29	2.8	6:38	7:39	