



San Leandro Channel, San Leandro Bay, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:40	4.7	5:07	6.4	10:22	1.8	11:53	1.6	6:12	8:17	
2	Mon	5:56	4.3	5:48	6.5	11:02	2.3			6:13	8:16	
3	Tue	7:37	4.1	6:37	6.7	1:01	1.3	11:56 AM	2.8	6:14	8:15	
4	Wed	9:19	4.3	7:33	6.9	2:08	0.9	1:06	3.1	6:15	8:14	
5	Thu	10:29	4.7	8:31	7.2	3:08	0.4	2:21	3.2	6:16	8:13	
6	Fri	11:17	5.0	9:29	7.5	4:01	-0.1	3:26	3.2	6:16	8:12	
7	Sat	11:57	5.4	10:24	7.8	4:49	-0.5	4:23	2.9	6:17	8:11	
8	Sun			12:34	5.7	5:34	-0.8	5:16	2.6	6:18	8:10	
9	Mon			1:09	6.0	6:16	-1.0	6:08	2.1	6:19	8:09	
10	Tue	12:12	8.0	1:45	6.4	6:58	-0.9	7:00	1.7	6:20	8:08	
11	Wed	1:05	7.7	2:21	6.7	7:38	-0.7	7:54	1.3	6:21	8:06	
12	Thu	2:00	7.2	2:58	7.0	8:19	-0.2	8:50	1.0	6:22	8:05	
13	Fri	2:58	6.6	3:38	7.3	9:00	0.5	9:50	0.8	6:23	8:04	
14	Sat	4:01	5.9	4:20	7.4	9:44	1.2	10:55	0.7	6:23	8:03	
15	Sun	5:13	5.3	5:07	7.3	10:33	1.9			6:24	8:02	
16	Mon	6:40	4.9	6:01	7.2	12:06	0.6	11:32 AM	2.5	6:25	8:00	
17	Tue	8:17	4.8	7:01	7.1	1:21	0.5	12:46	3.0	6:26	7:59	
18	Wed	9:40	5.1	8:05	7.0	2:33	0.3	2:07	3.1	6:27	7:58	
19	Thu	10:40	5.4	9:06	7.0	3:35	0.2	3:16	3.1	6:28	7:56	
20	Fri	11:26	5.6	10:00	7.0	4:27	0.0	4:13	2.9	6:29	7:55	
21	Sat			12:04	5.7	5:10	0.0	5:00	2.7	6:29	7:54	
22	Sun			12:36	5.8	5:46	0.0	5:42	2.4	6:30	7:52	
23	Mon			1:04	5.9	6:19	0.1	6:19	2.2	6:31	7:51	
24	Tue	12:10	6.7	1:28	5.9	6:48	0.2	6:55	2.0	6:32	7:50	
25	Wed	12:49	6.5	1:50	6.0	7:15	0.5	7:29	1.8	6:33	7:48	
26	Thu	1:27	6.2	2:13	6.2	7:42	0.7	8:04	1.6	6:34	7:47	
27	Fri	2:06	5.9	2:37	6.3	8:09	1.1	8:40	1.4	6:34	7:45	
28	Sat	2:49	5.5	3:03	6.4	8:37	1.5	9:21	1.3	6:35	7:44	
29	Sun	3:36	5.2	3:34	6.5	9:07	2.0	10:07	1.2	6:36	7:42	
30	Mon	4:35	4.8	4:10	6.6	9:41	2.4	11:02	1.1	6:37	7:41	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	5:52	4.5	4:56	6.6	10:24	2.9			6:38	7:39	