



































San Leandro Channel, San Leandro Bay, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:46	7.2	9:34	4.7	1:10	2.0	3:00	0.3	7:24	5:00	
2	Mon	8:27	7.3	10:40	5.0	2:07	2.5	3:48	-0.1	7:24	5:01	
3	Tue	9:07	7.3	11:34	5.3	3:01	2.9	4:30	-0.4	7:24	5:02	
4	Wed	9:45	7.3			3:52	3.1	5:08	-0.5	7:24	5:03	
5	Thu	12:19	5.5	10:23 AM	7.3	4:38	3.2	5:44	-0.6	7:24	5:04	
6	Fri	12:59	5.5	11:00 AM	7.2	5:20	3.3	6:18	-0.6	7:24	5:05	
7	Sat	1:35	5.5	11:36 AM	7.1	5:59	3.2	6:50	-0.6	7:24	5:06	
8	Sun	2:07	5.5	12:13	6.9	6:37	3.2	7:22	-0.5	7:24	5:06	
9	Mon	2:38	5.4	12:49	6.7	7:15	3.1	7:54	-0.4	7:24	5:07	
10	Tue	3:07	5.5	1:27	6.3	7:56	3.0	8:26	-0.1	7:24	5:08	
11	Wed	3:37	5.5	2:08	5.8	8:43	2.8	8:59	0.2	7:23	5:09	
12	Thu	4:08	5.7	2:55	5.3	9:38	2.7	9:34	0.6	7:23	5:10	
13	Fri	4:41	5.9	3:56	4.7	10:41	2.4	10:12	1.2	7:23	5:11	
14	Sat	5:17	6.1	5:20	4.2	11:50	1.9	10:58	1.8	7:23	5:12	
15	Sun	5:56	6.4	7:08	4.1			12:57	1.3	7:22	5:13	
16	Mon	6:39	6.7	8:50	4.3			1:57	0.6	7:22	5:14	
17	Tue	7:27	7.1	10:06	4.8	12:57	2.8	2:52	-0.1	7:22	5:15	
18	Wed	8:18	7.5	11:02	5.2	2:03	3.1	3:43	-0.7	7:21	5:17	
19	Thu	9:10	7.9	11:48	5.5	3:05	3.2	4:32	-1.2	7:21	5:18	
20	Fri	10:04	8.2			4:02	3.2	5:20	-1.6	7:20	5:19	
21	Sat	12:31	5.8	10:57 AM	8.3	4:57	3.0	6:07	-1.7	7:20	5:20	
22	Sun	1:12	6.0	11:50 AM	8.2	5:51	2.7	6:52	-1.7	7:19	5:21	
23	Mon	1:52	6.1	12:43	7.9	6:46	2.4	7:36	-1.4	7:19	5:22	
24	Tue	2:31	6.3	1:37	7.3	7:43	2.1	8:19	-0.8	7:18	5:23	
25	Wed	3:11	6.5	2:34	6.5	8:45	1.9	9:02	-0.2	7:17	5:24	
26	Thu	3:52	6.6	3:38	5.6	9:52	1.6	9:46	0.6	7:17	5:25	
27	Fri	4:34	6.7	4:56	4.8	11:05	1.3	10:34	1.4	7:16	5:26	
28	Sat	5:19	6.8	6:33	4.4			12:20	1.0	7:15	5:27	
29	Sun	6:07	6.8	8:18	4.4			1:32	0.6	7:15	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	6:58	6.8	9:40	4.8	12:38	2.8	2:34	0.3	7:14	5:30	
31	Tue	7:50	6.8	10:38	5.2	1:50	3.1	3:27	0.0	7:13	5:31	