


































San Leandro Channel, San Leandro Bay, CA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:24	8.0			3:20	3.2	4:46	-1.3	7:24	5:01	
2	Mon	12:03	5.5	10:15 AM	8.3	4:15	3.2	5:33	-1.6	7:24	5:02	
3	Tue	12:47	5.8	11:07 AM	8.3	5:08	3.0	6:20	-1.8	7:24	5:03	
4	Wed	1:29	5.9	12:00	8.2	6:03	2.8	7:05	-1.7	7:24	5:03	
5	Thu	2:10	6.1	12:53	7.8	7:00	2.5	7:50	-1.4	7:24	5:04	
6	Fri	2:51	6.3	1:48	7.2	8:00	2.3	8:34	-0.8	7:24	5:05	
7	Sat	3:33	6.5	2:47	6.3	9:05	2.0	9:18	-0.2	7:24	5:06	
8	Sun	4:15	6.7	3:54	5.4	10:17	1.7	10:04	0.6	7:24	5:07	
9	Mon	4:59	6.8	5:15	4.7	11:32	1.4	10:53	1.4	7:24	5:08	
10	Tue	5:45	7.0	6:55	4.3			12:47	0.9	7:23	5:09	
11	Wed	6:33	7.0	8:37	4.4			1:54	0.5	7:23	5:10	
12	Thu	7:22	7.1	9:56	4.8	12:56	2.7	2:53	0.1	7:23	5:11	
13	Fri	8:11	7.1	10:52	5.2	2:04	3.1	3:43	-0.2	7:23	5:12	
14	Sat	8:57	7.1	11:37	5.4	3:04	3.2	4:26	-0.4	7:22	5:13	
15	Sun	9:41	7.1			3:56	3.3	5:04	-0.5	7:22	5:14	
16	Mon	12:15	5.5	10:22 AM	7.1	4:40	3.2	5:39	-0.5	7:22	5:15	
17	Tue	12:48	5.5	11:00 AM	7.1	5:20	3.1	6:10	-0.5	7:21	5:16	
18	Wed	1:16	5.5	11:37 AM	7.0	5:56	2.9	6:40	-0.5	7:21	5:17	
19	Thu	1:43	5.5	12:13	6.8	6:32	2.8	7:09	-0.4	7:20	5:18	
20	Fri	2:07	5.6	12:49	6.4	7:08	2.6	7:36	-0.2	7:20	5:19	
21	Sat	2:32	5.7	1:27	6.0	7:48	2.5	8:05	0.1	7:19	5:20	
22	Sun	2:58	5.9	2:09	5.5	8:32	2.3	8:34	0.6	7:19	5:21	
23	Mon	3:26	6.1	2:59	5.0	9:22	2.0	9:06	1.1	7:18	5:23	
24	Tue	3:57	6.3	4:06	4.4	10:21	1.7	9:43	1.7	7:18	5:24	
25	Wed	4:34	6.5	5:42	4.0	11:28	1.4	10:28	2.4	7:17	5:25	
26	Thu	5:17	6.7	7:41	4.1			12:40	0.9	7:16	5:26	
27	Fri	6:10	6.9	9:16	4.5			1:48	0.3	7:16	5:27	
28	Sat	7:10	7.2	10:16	4.9	12:49	3.2	2:48	-0.3	7:15	5:28	
29	Sun	8:11	7.6	11:01	5.3	2:06	3.3	3:42	-0.9	7:14	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	9:11	7.9	11:41	5.6	3:11	3.2	4:32	-1.3	7:13	5:30	
31	Tue	10:08	8.1			4:09	2.8	5:18	-1.5	7:12	5:31	