



































San Leandro Channel, San Leandro Bay, CA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:22	7.1	10:35	5.7	2:27	2.8	3:32	-0.7	6:38	6:03	
2	Fri	9:22	7.2	11:16	5.9	3:29	2.5	4:21	-0.8	6:37	6:04	
3	Sat	10:16	7.2	11:54	6.1	4:22	2.2	5:04	-0.8	6:36	6:05	
4	Sun	11:07	7.1			5:10	1.8	5:44	-0.7	6:34	6:06	
5	Mon	12:28	6.2	11:54 AM	6.9	5:55	1.5	6:22	-0.4	6:33	6:07	
6	Tue	1:01	6.3	12:40	6.5	6:39	1.3	6:57	0.0	6:31	6:08	
7	Wed	1:31	6.3	1:25	6.1	7:21	1.1	7:31	0.5	6:30	6:08	
8	Thu	2:01	6.3	2:13	5.6	8:04	1.0	8:06	1.0	6:28	6:09	
9	Fri	2:30	6.2	3:04	5.1	8:49	0.9	8:42	1.6	6:27	6:10	
10	Sat	3:00	6.1	4:05	4.6	9:38	0.9	9:22	2.2	6:25	6:11	
11	Sun	4:35	6.0	6:25	4.3	11:34	0.9	11:13	2.7	7:24	7:12	
12	Mon	5:18	5.8	8:06	4.3			12:40	0.9	7:23	7:13	
13	Tue	6:12	5.7	9:31	4.6	12:27	3.0	1:50	0.8	7:21	7:14	
14	Wed	7:16	5.7	10:24	4.8	1:53	3.2	2:54	0.6	7:20	7:15	
15	Thu	8:21	5.8	11:01	5.1	3:02	3.0	3:46	0.3	7:18	7:16	
16	Fri	9:20	6.0	11:32	5.3	3:54	2.8	4:30	0.0	7:17	7:17	
17	Sat	10:13	6.3			4:37	2.5	5:08	-0.2	7:15	7:18	
18	Sun	12:00	5.5	11:01 AM	6.5	5:15	2.1	5:43	-0.3	7:13	7:19	
19	Mon	12:28	5.7	11:47 AM	6.6	5:52	1.7	6:17	-0.3	7:12	7:20	
20	Tue	12:56	6.0	12:34	6.6	6:30	1.2	6:51	-0.1	7:10	7:21	
21	Wed	1:25	6.3	1:21	6.5	7:11	0.8	7:27	0.2	7:09	7:22	
22	Thu	1:56	6.5	2:12	6.2	7:54	0.4	8:03	0.6	7:07	7:23	
23	Fri	2:29	6.7	3:08	5.8	8:41	0.0	8:42	1.2	7:06	7:24	
24	Sat	3:05	6.9	4:10	5.4	9:33	-0.2	9:26	1.7	7:04	7:25	
25	Sun	3:46	6.9	5:24	5.0	10:31	-0.2	10:18	2.3	7:03	7:25	
26	Mon	4:35	6.8	6:51	4.8	11:37	-0.2	11:26	2.8	7:01	7:26	
27	Tue	5:35	6.6	8:20	4.9			12:52	-0.2	7:00	7:27	
28	Wed	6:47	6.4	9:30	5.3	12:56	3.0	2:07	-0.3	6:58	7:28	
29	Thu	8:03	6.3	10:23	5.6	2:25	2.8	3:13	-0.4	6:57	7:29	
30	Fri	9:14	6.3	11:06	5.9	3:35	2.4	4:09	-0.4	6:55	7:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	10:17	6.4	11:43	6.1	4:31	1.9	4:56	-0.4	6:54	7:31	