

San Leandro Channel, San Leandro Bay, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:58	6.5	8:56	4.2	12:15	2.3	2:20	0.9	7:24	5:01	
2	Fri	7:38	6.8	10:09	4.6	1:11	2.7	3:05	0.3	7:24	5:01	
3	Sat	8:20	7.2	11:04	5.0	2:08	3.1	3:48	-0.3	7:24	5:02	
4	Sun	9:05	7.5	11:50	5.3	3:02	3.3	4:30	-0.8	7:24	5:03	
5	Mon	9:51	7.8			3:53	3.3	5:13	-1.2	7:24	5:04	
6	Tue	12:32	5.5	10:40 AM	8.0	4:43	3.2	5:57	-1.5	7:24	5:05	
7	Wed	1:12	5.7	11:29 AM	8.1	5:32	3.1	6:41	-1.6	7:24	5:06	
8	Thu	1:52	5.8	12:19	8.0	6:24	2.9	7:24	-1.5	7:24	5:07	
9	Fri	2:31	6.0	1:11	7.6	7:19	2.6	8:08	-1.2	7:24	5:08	
10	Sat	3:10	6.2	2:07	6.9	8:19	2.3	8:51	-0.7	7:23	5:09	
11	Sun	3:51	6.4	3:08	6.1	9:27	2.0	9:35	0.0	7:23	5:10	
12	Mon	4:33	6.7	4:21	5.2	10:41	1.6	10:22	0.8	7:23	5:11	
13	Tue	5:17	6.9	5:51	4.6	11:58	1.2	11:14	1.6	7:23	5:12	
14	Wed	6:05	7.1	7:36	4.4			1:13	0.7	7:22	5:13	
15	Thu	6:54	7.3	9:11	4.6	12:15	2.3	2:19	0.2	7:22	5:14	
16	Fri	7:46	7.3	10:22	5.0	1:24	2.9	3:16	-0.2	7:22	5:15	
17	Sat	8:36	7.4	11:15	5.4	2:31	3.2	4:05	-0.5	7:21	5:16	
18	Sun	9:24	7.4	11:59	5.6	3:32	3.2	4:49	-0.7	7:21	5:17	
19	Mon	10:10	7.3			4:24	3.2	5:28	-0.7	7:20	5:18	
20	Tue	12:38	5.7	10:52 AM	7.2	5:09	3.1	6:04	-0.7	7:20	5:19	
21	Wed	1:12	5.6	11:31 AM	7.1	5:50	3.0	6:37	-0.6	7:19	5:20	
22	Thu	1:42	5.6	12:08	6.9	6:28	2.8	7:08	-0.5	7:19	5:21	
23	Fri	2:09	5.6	12:45	6.5	7:06	2.7	7:37	-0.2	7:18	5:22	
24	Sat	2:34	5.6	1:22	6.1	7:46	2.5	8:06	0.1	7:18	5:23	
25	Sun	2:59	5.7	2:02	5.6	8:28	2.4	8:34	0.5	7:17	5:25	
26	Mon	3:26	5.9	2:48	5.1	9:17	2.2	9:04	1.0	7:16	5:26	
27	Tue	3:54	6.0	3:46	4.5	10:12	2.0	9:37	1.6	7:15	5:27	
28	Wed	4:27	6.2	5:09	4.0	11:16	1.7	10:15	2.2	7:15	5:28	
29	Thu	5:06	6.3	7:07	3.9			12:25	1.3	7:14	5:29	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	5:53	6.5	8:59	4.2			1:31	0.8	7:13	5:30	
31	Sat	6:47	6.8	10:05	4.7	12:22	3.2	2:30	0.2	7:12	5:31	