

## San Leandro Channel, San Leandro Bay, CA - Dec 2009

| Date |     | High  |     |          |     | Low   |     |       |      |  |      |    |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM       | ft  | AM    | ft  | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 3:33  | 5.3 | 1:25     | 6.9 | 7:39  | 3.5 | 8:43  | -0.7 | 7:05                                                                                | 4:50 |    |
| 2    | Wed | 4:21  | 5.4 | 2:16     | 6.5 | 8:39  | 3.4 | 9:33  | -0.6 | 7:06                                                                                | 4:50 |    |
| 3    | Thu | 5:09  | 5.5 | 3:17     | 6.0 | 9:54  | 3.2 | 10:25 | -0.2 | 7:07                                                                                | 4:50 |    |
| 4    | Fri | 5:54  | 5.8 | 4:31     | 5.5 | 11:18 | 2.8 | 11:20 | 0.2  | 7:08                                                                                | 4:49 |    |
| 5    | Sat | 6:36  | 6.2 | 5:58     | 5.0 |       |     | 12:37 | 2.2  | 7:09                                                                                | 4:49 |    |
| 6    | Sun | 7:15  | 6.6 | 7:29     | 4.8 | 12:14 | 0.7 | 1:43  | 1.3  | 7:10                                                                                | 4:49 |    |
| 7    | Mon | 7:54  | 7.1 | 8:55     | 4.9 | 1:08  | 1.2 | 2:40  | 0.5  | 7:11                                                                                | 4:49 |    |
| 8    | Tue | 8:33  | 7.6 | 10:09    | 5.1 | 2:01  | 1.8 | 3:31  | -0.3 | 7:11                                                                                | 4:49 |    |
| 9    | Wed | 9:14  | 7.9 | 11:14    | 5.4 | 2:53  | 2.3 | 4:19  | -0.9 | 7:12                                                                                | 4:50 |    |
| 10   | Thu | 9:55  | 8.1 |          |     | 3:44  | 2.7 | 5:06  | -1.3 | 7:13                                                                                | 4:50 |    |
| 11   | Fri | 12:12 | 5.6 | 10:38 AM | 8.1 | 4:35  | 3.0 | 5:51  | -1.5 | 7:14                                                                                | 4:50 |   |
| 12   | Sat | 1:05  | 5.8 | 11:23 AM | 8.0 | 5:26  | 3.1 | 6:37  | -1.4 | 7:15                                                                                | 4:50 |  |
| 13   | Sun | 1:54  | 5.8 | 12:08    | 7.7 | 6:18  | 3.2 | 7:21  | -1.3 | 7:15                                                                                | 4:50 |  |
| 14   | Mon | 2:42  | 5.8 | 12:53    | 7.3 | 7:11  | 3.2 | 8:06  | -1.0 | 7:16                                                                                | 4:50 |  |
| 15   | Tue | 3:28  | 5.7 | 1:39     | 6.8 | 8:07  | 3.2 | 8:50  | -0.6 | 7:17                                                                                | 4:51 |  |
| 16   | Wed | 4:13  | 5.7 | 2:28     | 6.2 | 9:09  | 3.1 | 9:34  | -0.2 | 7:17                                                                                | 4:51 |  |
| 17   | Thu | 4:57  | 5.7 | 3:21     | 5.5 | 10:18 | 3.0 | 10:19 | 0.3  | 7:18                                                                                | 4:51 |  |
| 18   | Fri | 5:38  | 5.7 | 4:24     | 4.9 | 11:32 | 2.7 | 11:05 | 0.8  | 7:18                                                                                | 4:52 |  |
| 19   | Sat | 6:15  | 5.9 | 5:44     | 4.3 |       |     | 12:41 | 2.2  | 7:19                                                                                | 4:52 |  |
| 20   | Sun | 6:50  | 6.1 | 7:17     | 4.1 |       |     | 1:42  | 1.7  | 7:20                                                                                | 4:53 |  |
| 21   | Mon | 7:23  | 6.3 | 8:47     | 4.2 | 12:41 | 1.9 | 2:33  | 1.2  | 7:20                                                                                | 4:53 |  |
| 22   | Tue | 7:56  | 6.6 | 10:00    | 4.5 | 1:31  | 2.4 | 3:16  | 0.6  | 7:21                                                                                | 4:54 |  |
| 23   | Wed | 8:31  | 6.8 | 10:57    | 4.8 | 2:20  | 2.8 | 3:55  | 0.2  | 7:21                                                                                | 4:54 |  |
| 24   | Thu | 9:07  | 7.1 | 11:44    | 5.1 | 3:06  | 3.1 | 4:32  | -0.2 | 7:21                                                                                | 4:55 |  |
| 25   | Fri | 9:44  | 7.2 |          |     | 3:51  | 3.3 | 5:07  | -0.6 | 7:22                                                                                | 4:55 |  |
| 26   | Sat | 12:26 | 5.3 | 10:24 AM | 7.4 | 4:33  | 3.3 | 5:44  | -0.8 | 7:22                                                                                | 4:56 |  |
| 27   | Sun | 1:05  | 5.4 | 11:05 AM | 7.5 | 5:14  | 3.4 | 6:22  | -1.0 | 7:22                                                                                | 4:57 |  |
| 28   | Mon | 1:43  | 5.5 | 11:48 AM | 7.5 | 5:57  | 3.3 | 7:01  | -1.1 | 7:23                                                                                | 4:57 |  |
| 29   | Tue | 2:21  | 5.6 | 12:32    | 7.4 | 6:42  | 3.2 | 7:41  | -1.1 | 7:23                                                                                | 4:58 |  |

| Date |     | High |     |      |     | Low  |     |      |      |  |      |   |
|------|-----|------|-----|------|-----|------|-----|------|------|------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM   | ft  | PM   | ft  | AM   | ft  | PM   | ft   | Rise                                                                               | Set  | Moon                                                                                |
| 30   | Wed | 2:59 | 5.7 | 1:19 | 7.1 | 7:33 | 3.0 | 8:22 | -0.9 | 7:23                                                                               | 4:59 |  |
| 31   | Thu | 3:37 | 5.8 | 2:12 | 6.6 | 8:32 | 2.8 | 9:01 | -0.5 | 7:23                                                                               | 5:00 |  |