

San Leandro Marina, CA - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:31	5.6	4:26	6.0	11:18	3.8			6:34	5:10	
2	Sun	7:22	5.8	5:43	5.7	12:04	1.0	12:31	3.5	6:35	5:09	
3	Mon	8:06	6.0	7:01	5.6	1:01	1.0	1:37	3.0	6:36	5:08	
4	Tue	8:41	6.4	8:11	5.7	1:51	1.0	2:34	2.3	6:37	5:07	
5	Wed	9:12	6.7	9:13	5.8	2:34	1.2	3:24	1.6	6:38	5:06	
6	Thu	9:39	7.1	10:10	5.9	3:13	1.4	4:09	0.9	6:39	5:05	
7	Fri	10:06	7.4	11:04	6.0	3:51	1.7	4:52	0.3	6:40	5:04	
8	Sat	10:34	7.7	11:58	6.0	4:30	2.1	5:33	-0.2	6:41	5:03	
9	Sun	11:05	7.9			5:10	2.5	6:16	-0.6	6:42	5:02	
10	Mon	12:52	6.0	11:40 AM	8.1	5:53	2.9	7:00	-0.9	6:43	5:01	
11	Tue	1:47	6.0	12:19	8.2	6:38	3.2	7:47	-1.0	6:44	5:00	
12	Wed	2:44	6.0	1:04	8.1	7:28	3.4	8:37	-0.9	6:45	5:00	
13	Thu	3:43	5.9	1:56	7.8	8:23	3.6	9:33	-0.8	6:46	4:59	
14	Fri	4:44	5.9	2:55	7.4	9:27	3.7	10:34	-0.5	6:48	4:58	
15	Sat	5:45	6.1	4:06	6.9	10:42	3.5	11:37	-0.3	6:49	4:57	
16	Sun	6:41	6.4	5:28	6.4			12:03	3.1	6:50	4:57	
17	Mon	7:31	6.8	6:53	6.1	12:38	0.0	1:19	2.4	6:51	4:56	
18	Tue	8:14	7.2	8:11	6.0	1:34	0.4	2:27	1.6	6:52	4:55	
19	Wed	8:54	7.6	9:21	6.0	2:24	0.8	3:25	0.7	6:53	4:55	
20	Thu	9:30	7.9	10:23	6.0	3:09	1.3	4:16	0.0	6:54	4:54	
21	Fri	10:03	8.1	11:20	6.1	3:52	1.8	5:03	-0.5	6:55	4:54	
22	Sat	10:35	8.1			4:34	2.3	5:46	-0.8	6:56	4:53	
23	Sun	12:12	6.1	11:06 AM	8.0	5:15	2.8	6:26	-0.8	6:57	4:53	
24	Mon	1:02	6.1	11:37 AM	7.8	5:56	3.1	7:03	-0.7	6:58	4:52	
25	Tue	1:48	6.1	12:09	7.6	6:37	3.4	7:39	-0.5	6:59	4:52	
26	Wed	2:33	6.0	12:43	7.4	7:18	3.5	8:13	-0.3	7:00	4:51	
27	Thu	3:17	5.9	1:21	7.2	8:00	3.6	8:47	-0.1	7:01	4:51	
28	Fri	4:01	5.8	2:02	6.9	8:44	3.6	9:25	0.2	7:02	4:51	
29	Sat	4:46	5.7	2:49	6.5	9:35	3.6	10:06	0.4	7:03	4:50	
30	Sun	5:31	5.8	3:44	6.0	10:35	3.5	10:52	0.7	7:04	4:50	