

San Leandro Marina, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:09	7.1	4:50	6.7	10:00	-0.4	10:31	2.3	5:50	8:34	
2	Fri	4:02	6.7	5:28	6.9	10:40	-0.1	11:29	2.0	5:51	8:34	
3	Sat	5:03	6.2	6:10	7.2	11:24	0.4			5:51	8:34	
4	Sun	6:14	5.7	6:57	7.5	12:33	1.7	12:15	1.0	5:52	8:33	
5	Mon	7:35	5.4	7:47	7.8	1:42	1.2	1:12	1.5	5:52	8:33	
6	Tue	8:57	5.3	8:40	8.1	2:52	0.6	2:14	2.0	5:53	8:33	
7	Wed	10:13	5.5	9:34	8.3	3:57	0.0	3:18	2.3	5:54	8:33	
8	Thu	11:19	5.8	10:27	8.4	4:57	-0.5	4:21	2.5	5:54	8:32	
9	Fri			12:17	6.1	5:52	-0.9	5:21	2.5	5:55	8:32	
10	Sat			1:10	6.3	6:43	-1.1	6:19	2.5	5:55	8:32	
11	Sun	12:11	8.3	1:59	6.5	7:30	-1.1	7:13	2.4	5:56	8:31	
12	Mon	1:00	8.0	2:43	6.7	8:12	-1.0	8:04	2.3	5:57	8:31	
13	Tue	1:48	7.7	3:24	6.8	8:51	-0.7	8:53	2.2	5:57	8:31	
14	Wed	2:34	7.3	4:02	6.8	9:26	-0.3	9:41	2.2	5:58	8:30	
15	Thu	3:20	6.8	4:38	6.8	9:59	0.2	10:28	2.1	5:59	8:30	
16	Fri	4:08	6.3	5:12	6.8	10:32	0.7	11:18	2.1	6:00	8:29	
17	Sat	5:01	5.7	5:48	6.8	11:08	1.2			6:00	8:28	
18	Sun	6:03	5.3	6:26	6.8	12:13	2.0	11:49 AM	1.8	6:01	8:28	
19	Mon	7:16	5.0	7:09	6.9	1:15	1.9	12:38	2.2	6:02	8:27	
20	Tue	8:33	4.9	7:56	7.0	2:19	1.6	1:35	2.6	6:03	8:27	
21	Wed	9:44	5.1	8:45	7.1	3:21	1.2	2:35	2.9	6:03	8:26	
22	Thu	10:46	5.3	9:34	7.3	4:17	0.8	3:35	3.0	6:04	8:25	
23	Fri	11:39	5.6	10:22	7.4	5:06	0.4	4:30	3.0	6:05	8:25	
24	Sat			12:25	5.8	5:51	0.1	5:22	3.0	6:06	8:24	
25	Sun			1:08	6.1	6:32	-0.2	6:12	2.8	6:06	8:23	
26	Mon			1:47	6.3	7:10	-0.4	7:00	2.6	6:07	8:22	
27	Tue	12:39	7.7	2:23	6.5	7:46	-0.5	7:46	2.4	6:08	8:21	
28	Wed	1:25	7.7	2:57	6.7	8:21	-0.4	8:33	2.1	6:09	8:20	
29	Thu	2:13	7.5	3:31	7.0	8:57	-0.3	9:21	1.9	6:10	8:20	
30	Fri	3:03	7.1	4:07	7.3	9:34	0.1	10:13	1.6	6:11	8:19	
31	Sat	3:59	6.7	4:46	7.5	10:15	0.5	11:11	1.4	6:11	8:18	