

San Leandro Marina, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:03	6.1	5:31	7.6	11:01	1.1			6:12	8:17	
2	Mon	6:18	5.7	6:23	7.8	12:17	1.2	11:55 AM	1.7	6:13	8:16	
3	Tue	7:41	5.5	7:21	7.9	1:29	0.8	12:58	2.3	6:14	8:15	
4	Wed	9:01	5.5	8:22	8.0	2:42	0.4	2:07	2.6	6:15	8:14	
5	Thu	10:11	5.8	9:22	8.1	3:49	0.0	3:15	2.7	6:16	8:13	
6	Fri	11:10	6.2	10:19	8.1	4:47	-0.4	4:19	2.6	6:17	8:12	
7	Sat			12:01	6.4	5:39	-0.6	5:16	2.4	6:17	8:10	
8	Sun			12:47	6.7	6:25	-0.6	6:10	2.2	6:18	8:09	
9	Mon	12:02	8.0	1:28	6.8	7:06	-0.5	6:59	2.1	6:19	8:08	
10	Tue	12:49	7.7	2:06	6.9	7:43	-0.3	7:45	1.9	6:20	8:07	
11	Wed	1:33	7.4	2:40	6.9	8:16	0.1	8:28	1.8	6:21	8:06	
12	Thu	2:16	7.1	3:11	6.9	8:47	0.5	9:08	1.8	6:22	8:05	
13	Fri	2:59	6.7	3:39	6.9	9:16	0.9	9:49	1.7	6:23	8:03	
14	Sat	3:44	6.2	4:08	6.9	9:47	1.4	10:31	1.8	6:23	8:02	
15	Sun	4:34	5.8	4:40	6.9	10:22	1.8	11:19	1.8	6:24	8:01	
16	Mon	5:33	5.4	5:18	6.8	11:04	2.3			6:25	8:00	
17	Tue	6:45	5.2	6:04	6.8	12:16	1.8	11:56 AM	2.7	6:26	7:58	
18	Wed	8:03	5.1	7:00	6.8	1:24	1.6	12:58	3.1	6:27	7:57	
19	Thu	9:14	5.3	8:01	6.9	2:33	1.4	2:05	3.2	6:28	7:56	
20	Fri	10:14	5.5	9:00	7.1	3:35	1.0	3:09	3.1	6:29	7:54	
21	Sat	11:03	5.8	9:55	7.3	4:27	0.6	4:07	2.9	6:29	7:53	
22	Sun	11:46	6.1	10:47	7.5	5:12	0.3	5:00	2.6	6:30	7:52	
23	Mon			12:24	6.4	5:53	0.1	5:49	2.3	6:31	7:50	
24	Tue			1:00	6.7	6:32	-0.1	6:37	1.9	6:32	7:49	
25	Wed	12:25	7.7	1:34	7.0	7:10	-0.1	7:25	1.5	6:33	7:48	
26	Thu	1:15	7.6	2:09	7.3	7:48	0.1	8:12	1.2	6:34	7:46	
27	Fri	2:06	7.4	2:44	7.6	8:27	0.4	9:02	0.9	6:35	7:45	
28	Sat	3:01	7.0	3:23	7.8	9:07	0.8	9:55	0.7	6:35	7:43	
29	Sun	4:00	6.6	4:06	7.8	9:52	1.3	10:53	0.6	6:36	7:42	
30	Mon	5:08	6.2	4:56	7.8	10:43	1.9			6:37	7:40	
31	Tue	6:24	5.8	5:54	7.7	12:00	0.6	11:43 AM	2.4	6:38	7:39	