

San Leandro Marina, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:04	6.6	4:51	5.5	11:20	2.5	11:00	1.4	7:24	5:00	
2	Mon	5:50	6.9	6:17	5.1			12:31	2.0	7:24	5:01	
3	Tue	6:40	7.2	7:45	5.2			1:42	1.4	7:24	5:02	
4	Wed	7:32	7.6	9:02	5.5	1:05	2.2	2:46	0.6	7:24	5:03	
5	Thu	8:25	8.0	10:08	5.9	2:10	2.4	3:43	-0.1	7:24	5:04	
6	Fri	9:17	8.4	11:05	6.3	3:13	2.5	4:36	-0.8	7:24	5:05	
7	Sat	10:10	8.7	11:58	6.7	4:13	2.5	5:27	-1.3	7:24	5:06	
8	Sun	11:02	8.8			5:10	2.4	6:15	-1.6	7:24	5:06	
9	Mon	12:48	7.0	11:53 AM	8.8	6:06	2.2	7:02	-1.6	7:24	5:07	
10	Tue	1:36	7.2	12:45	8.5	7:01	2.1	7:47	-1.4	7:23	5:08	
11	Wed	2:22	7.4	1:38	8.1	7:55	2.0	8:31	-1.0	7:23	5:09	
12	Thu	3:08	7.4	2:33	7.4	8:50	1.9	9:15	-0.4	7:23	5:10	
13	Fri	3:53	7.4	3:31	6.7	9:49	1.9	9:59	0.3	7:23	5:11	
14	Sat	4:40	7.4	4:37	6.0	10:53	1.9	10:47	1.1	7:23	5:12	
15	Sun	5:29	7.3	5:53	5.4			12:03	1.8	7:22	5:13	
16	Mon	6:19	7.2	7:14	5.2			1:16	1.5	7:22	5:14	
17	Tue	7:09	7.2	8:30	5.3	12:38	2.3	2:23	1.1	7:22	5:15	
18	Wed	7:58	7.2	9:33	5.5	1:38	2.7	3:19	0.7	7:21	5:16	
19	Thu	8:44	7.3	10:26	5.8	2:36	2.9	4:06	0.4	7:21	5:18	
20	Fri	9:26	7.4	11:11	6.1	3:28	3.0	4:47	0.2	7:20	5:19	
21	Sat	10:06	7.4	11:52	6.3	4:16	2.9	5:24	0.0	7:20	5:20	
22	Sun	10:44	7.5			5:00	2.8	5:58	-0.1	7:19	5:21	
23	Mon	12:30	6.4	11:21 AM	7.5	5:42	2.7	6:29	-0.2	7:19	5:22	
24	Tue	1:04	6.5	11:57 AM	7.5	6:22	2.6	6:58	-0.2	7:18	5:23	
25	Wed	1:36	6.6	12:34	7.4	7:00	2.5	7:27	-0.1	7:17	5:24	
26	Thu	2:06	6.6	1:13	7.2	7:38	2.4	7:56	0.1	7:17	5:25	
27	Fri	2:34	6.7	1:53	6.9	8:17	2.3	8:26	0.4	7:16	5:26	
28	Sat	3:02	6.8	2:38	6.5	8:59	2.2	9:00	0.8	7:15	5:27	
29	Sun	3:34	6.9	3:31	6.0	9:48	2.1	9:39	1.2	7:14	5:28	
30	Mon	4:12	7.1	4:39	5.5	10:46	1.9	10:27	1.8	7:14	5:30	
31	Tue	4:59	7.2	6:05	5.2	11:57	1.6	11:27	2.3	7:13	5:31	