



























San Leandro Marina, CA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:09	6.3	4:20	5.6	10:59	3.0	10:52	1.2	7:24	5:01	
2	Tue	5:50	6.5	5:39	5.1			12:08	2.6	7:24	5:01	
3	Wed	6:32	6.8	7:11	5.0			1:19	2.1	7:24	5:02	
4	Thu	7:16	7.1	8:36	5.1	12:42	2.1	2:24	1.4	7:24	5:03	
5	Fri	8:01	7.5	9:47	5.4	1:43	2.5	3:21	0.6	7:24	5:04	
6	Sat	8:47	7.9	10:48	5.8	2:42	2.8	4:13	-0.1	7:24	5:05	
7	Sun	9:35	8.3	11:43	6.2	3:41	3.0	5:03	-0.8	7:24	5:06	
8	Mon	10:24	8.6			4:37	3.0	5:51	-1.3	7:24	5:07	
9	Tue	12:34	6.5	11:15 AM	8.8	5:32	3.0	6:39	-1.6	7:23	5:08	
10	Wed	1:22	6.7	12:06	8.8	6:26	2.8	7:25	-1.7	7:23	5:09	
11	Thu	2:09	6.9	12:59	8.6	7:20	2.6	8:11	-1.6	7:23	5:10	
12	Fri	2:56	7.1	1:53	8.2	8:16	2.5	8:56	-1.2	7:23	5:11	
13	Sat	3:42	7.2	2:50	7.5	9:14	2.3	9:42	-0.6	7:23	5:12	
14	Sun	4:29	7.3	3:54	6.7	10:17	2.1	10:30	0.2	7:22	5:13	
15	Mon	5:17	7.4	5:08	6.0	11:28	1.9	11:21	1.0	7:22	5:14	
16	Tue	6:07	7.4	6:31	5.5			12:43	1.5	7:22	5:15	
17	Wed	6:57	7.5	7:56	5.3	12:18	1.7	1:55	1.1	7:21	5:16	
18	Thu	7:46	7.6	9:11	5.5	1:17	2.4	2:59	0.5	7:21	5:17	
19	Fri	8:33	7.6	10:13	5.8	2:17	2.8	3:54	0.1	7:20	5:18	
20	Sat	9:16	7.6	11:05	6.0	3:13	3.1	4:41	-0.1	7:20	5:19	
21	Sun	9:57	7.6	11:50	6.2	4:04	3.2	5:22	-0.3	7:19	5:20	
22	Mon	10:35	7.6			4:50	3.2	5:58	-0.3	7:19	5:21	
23	Tue	12:30	6.3	11:11 AM	7.5	5:32	3.1	6:31	-0.3	7:18	5:22	
24	Wed	1:06	6.4	11:47 AM	7.5	6:12	3.1	7:01	-0.3	7:18	5:23	
25	Thu	1:40	6.4	12:22	7.4	6:49	2.9	7:29	-0.2	7:17	5:24	
26	Fri	2:10	6.4	12:58	7.3	7:26	2.8	7:56	-0.1	7:16	5:26	
27	Sat	2:39	6.4	1:36	7.0	8:03	2.7	8:24	0.2	7:16	5:27	
28	Sun	3:06	6.5	2:16	6.6	8:42	2.6	8:54	0.5	7:15	5:28	
29	Mon	3:33	6.6	3:02	6.2	9:25	2.5	9:27	1.0	7:14	5:29	
30	Tue	4:03	6.7	3:59	5.6	10:16	2.3	10:07	1.5	7:13	5:30	
31	Wed	4:40	6.9	5:15	5.1	11:18	2.1	10:55	2.2	7:12	5:31	