US HARBORS www.USHarbors.com

San Leandro Marina, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:32	7.6	3:47	5.4	9:24	0.8	9:04	2.4	6:39	6:02	
2	Mon	3:11	7.7	5:05	5.1	10:21	0.7	9:54	3.0	6:37	6:03	
3	Tue	4:00	7.6	6:36	5.0	11:34	0.6	11:01	3.5	6:36	6:04	
4	Wed	5:01	7.5	7:58	5.3			12:56	0.4	6:35	6:05	
5	Thu	6:15	7.5	9:02	5.7	12:24	3.6	2:11	0.0	6:33	6:06	
6	Fri	7:32	7.6	9:53	6.2	1:46	3.4	3:12	-0.4	6:32	6:07	
7	Sat	8:42	7.7	10:37	6.6	2:56	2.9	4:03	-0.7	6:30	6:08	
8	Sun	10:45	7.8			4:57	2.3	5:49	-0.8	7:29	7:09	
9	Mon	12:16	7.0	11:43 AM	7.8	5:53	1.6	6:30	-0.6	7:27	7:10	
10	Tue	12:53	7.4	12:37	7.6	6:45	1.1	7:08	-0.2	7:26	7:11	
11	Wed	1:28	7.6	1:29	7.2	7:34	0.6	7:44	0.3	7:24	7:12	
12	Thu	2:01	7.8	2:21	6.8	8:21	0.3	8:19	0.9	7:23	7:13	
13	Fri	2:32	7.8	3:13	6.3	9:06	0.2	8:53	1.6	7:21	7:14	
14	Sat	3:02	7.7	4:07	5.9	9:51	0.3	9:29	2.2	7:20	7:15	
15	Sun	3:33	7.5	5:05	5.5	10:36	0.5	10:08	2.7	7:18	7:16	
16	Mon	4:07	7.2	6:11	5.2	11:27	0.8	10:55	3.2	7:17	7:17	
17	Tue	4:48	6.8	7:24	5.1			12:27	1.0	7:15	7:18	
18	Wed	5:41	6.5	8:35	5.2			1:37	1.1	7:14	7:18	
19	Thu	6:47	6.3	9:34	5.4	1:08	3.7	2:44	1.0	7:12	7:19	
20	Fri	8:00	6.2	10:22	5.7	2:23	3.5	3:40	0.8	7:11	7:20	
21	Sat	9:07	6.3	11:01	6.0	3:27	3.2	4:25	0.6	7:09	7:21	
22	Sun	10:05	6.4	11:35	6.2	4:22	2.7	5:03	0.5	7:08	7:22	
23	Mon	10:57	6.5			5:11	2.2	5:38	0.5	7:06	7:23	
24	Tue	12:04	6.5	11:46 AM	6.5	5:56	1.7	6:11	0.7	7:05	7:24	
25	Wed	12:31	6.8	12:34	6.5	6:39	1.3	6:44	1.0	7:03	7:25	
26	Thu	12:56	7.0	1:23	6.3	7:20	0.8	7:17	1.3	7:02	7:26	
27	Fri	1:22	7.3	2:12	6.2	8:00	0.4	7:52	1.7	7:00	7:27	
28	Sat	1:50	7.5	3:05	6.0	8:41	0.1	8:29	2.2	6:59	7:28	
29	Sun	2:22	7.7	4:02	5.7	9:25	-0.1	9:10	2.6	6:57	7:29	
30	Mon	3:01	7.8	5:06	5.5	10:15	-0.2	9:58	3.0	6:56	7:29	
31	Tue	3:47	7.7	6:18	5.4	11:14	-0.1	10:58	3.3	6:54	7:30	