US HARBORS www.USHarbors.com

San Leandro Marina, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:15	5.6	9:56	7.3	4:48	0.3	4:00	3.4	6:12	8:17	
2	Sun			12:01	5.8	5:34	0.1	4:52	3.3	6:13	8:16	
3	Mon			12:42	6.0	6:14	0.0	5:39	3.2	6:14	8:15	
4	Tue			1:18	6.1	6:48	-0.1	6:23	3.0	6:15	8:14	
5	Wed	12:05	7.3	1:51	6.2	7:19	-0.1	7:03	2.8	6:16	8:13	
6	Thu	12:44	7.3	2:20	6.3	7:47	0.0	7:43	2.6	6:17	8:12	
7	Fri	1:22	7.2	2:45	6.5	8:14	0.1	8:21	2.3	6:17	8:10	
8	Sat	2:01	6.9	3:08	6.6	8:40	0.4	8:59	2.1	6:18	8:09	
9	Sun	2:43	6.6	3:30	6.8	9:07	0.8	9:38	1.9	6:19	8:08	
10	Mon	3:28	6.2	3:56	7.0	9:36	1.2	10:21	1.7	6:20	8:07	
11	Tue	4:20	5.7	4:27	7.3	10:10	1.8	11:13	1.5	6:21	8:06	
12	Wed	5:26	5.2	5:07	7.4	10:51	2.4			6:22	8:05	
13	Thu	6:51	4.9	5:58	7.5	12:16	1.3	11:44 AM	2.9	6:23	8:03	
14	Fri	8:24	4.9	7:00	7.6	1:32	1.1	12:52	3.4	6:23	8:02	
15	Sat	9:42	5.2	8:08	7.8	2:50	0.6	2:09	3.5	6:24	8:01	
16	Sun	10:44	5.6	9:15	8.1	3:57	0.0	3:22	3.3	6:25	8:00	
17	Mon	11:34	6.0	10:19	8.4	4:55	-0.5	4:28	3.0	6:26	7:58	
18	Tue			12:19	6.5	5:45	-0.9	5:28	2.5	6:27	7:57	
19	Wed			1:00	6.9	6:31	-1.0	6:25	2.0	6:28	7:56	
20	Thu	12:16	8.4	1:40	7.2	7:14	-0.9	7:20	1.5	6:29	7:54	
21	Fri	1:11	8.2	2:18	7.5	7:54	-0.6	8:13	1.1	6:29	7:53	
22	Sat	2:06	7.7	2:55	7.7	8:33	0.0	9:06	0.8	6:30	7:52	
23	Sun	3:03	7.1	3:31	7.8	9:12	0.7	9:59	0.7	6:31	7:50	
24	Mon	4:01	6.5	4:09	7.7	9:51	1.4	10:54	0.7	6:32	7:49	
25	Tue	5:06	5.9	4:49	7.5	10:33	2.2	11:55	0.9	6:33	7:48	
26	Wed	6:18	5.5	5:34	7.2	11:22	2.9			6:34	7:46	
27	Thu	7:36	5.3	6:29	6.9	1:04	1.0	12:23	3.4	6:35	7:45	
28	Fri	8:51	5.4	7:32	6.8	2:16	1.0	1:33	3.6	6:35	7:43	
29	Sat	9:54	5.6	8:36	6.8	3:22	0.9	2:43	3.5	6:36	7:42	
30	Sun	10:43	5.9	9:33	6.9	4:15	0.7	3:43	3.3	6:37	7:40	
31	Mon	11:25	6.1	10:23	7.0	4:59	0.5	4:34	3.0	6:38	7:39	