US HARBORS www.USHarbors.com

San Leandro Marina, CA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:20	6.6	12:01	8.7	6:22	2.8	7:19	-1.7	7:23	5:01	
2	Sat	2:03	6.9	12:53	8.5	7:15	2.6	8:01	-1.5	7:24	5:01	
3	Sun	2:45	7.1	1:47	8.0	8:10	2.3	8:43	-1.1	7:24	5:02	
4	Mon	3:27	7.3	2:44	7.3	9:08	2.0	9:26	-0.4	7:24	5:03	
5	Tue	4:11	7.5	3:49	6.5	10:11	1.8	10:11	0.4	7:24	5:04	
6	Wed	4:56	7.6	5:05	5.7	11:21	1.5	11:01	1.3	7:24	5:05	
7	Thu	5:45	7.7	6:32	5.2			12:37	1.2	7:24	5:06	
8	Fri	6:36	7.7	8:00	5.2			1:51	0.7	7:24	5:07	
9	Sat	7:29	7.7	9:17	5.4	1:02	2.7	2:57	0.2	7:23	5:08	
10	Sun	8:21	7.7	10:19	5.7	2:08	3.1	3:54	-0.2	7:23	5:08	
11	Mon	9:09	7.7	11:09	6.0	3:08	3.3	4:42	-0.4	7:23	5:09	
12	Tue	9:54	7.7	11:53	6.2	4:02	3.3	5:24	-0.5	7:23	5:10	
13	Wed	10:35	7.6			4:50	3.2	6:01	-0.5	7:23	5:11	
14	Thu	12:31	6.3	11:13 AM	7.6	5:33	3.1	6:33	-0.4	7:22	5:12	
15	Fri	1:06	6.4	11:49 AM	7.5	6:13	3.0	7:01	-0.3	7:22	5:14	
16	Sat	1:37	6.4	12:25	7.3	6:51	2.8	7:26	-0.2	7:22	5:15	
17	Sun	2:06	6.5	1:01	7.1	7:28	2.7	7:51	0.0	7:21	5:16	
18	Mon	2:31	6.5	1:39	6.8	8:05	2.5	8:17	0.4	7:21	5:17	
19	Tue	2:55	6.7	2:20	6.3	8:44	2.3	8:45	0.8	7:20	5:18	
20	Wed	3:20	6.8	3:08	5.8	9:28	2.2	9:17	1.3	7:20	5:19	
21	Thu	3:49	6.9	4:08	5.2	10:19	2.1	9:55	2.0	7:19	5:20	
22	Fri	4:24	7.1	5:30	4.8	11:21	1.9	10:42	2.6	7:19	5:21	
23	Sat	5:09	7.2	7:11	4.6			12:36	1.5	7:18	5:22	
24	Sun	6:03	7.4	8:40	4.9			1:52	1.0	7:18	5:23	
25	Mon	7:04	7.6	9:47	5.3	12:58	3.5	2:58	0.4	7:17	5:24	
26	Tue	8:07	7.9	10:40	5.8	2:12	3.6	3:54	-0.3	7:16	5:25	
27	Wed	9:07	8.2	11:26	6.2	3:19	3.4	4:44	-0.9	7:16	5:26	
28	Thu	10:05	8.5			4:19	3.1	5:30	-1.3	7:15	5:28	
29	Fri	12:08	6.6	11:00 AM	8.7	5:15	2.6	6:13	-1.5	7:14	5:29	
30	Sat	12:48	7.0	11:54 AM	8.6	6:09	2.2	6:54	-1.4	7:13	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	**1:27**	7.4	**12:47**	8.3	**7:02**	1.7	**7:34**	-1.1	7:13	5:31	◯