US HARBORS www.USHarbors.com

San Leandro Marina, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:00**	5.4	**5:07**	7.0	**10:46**	1.9	**11:57**	1.7	6:12	8:17	
2	Mon	**6:11**	5.0	**5:49**	7.1	**11:30**	2.5			6:13	8:16	
3	Tue	**7:38**	4.8	**6:39**	7.2	**1:03**	1.5	**12:26**	3.0	6:14	8:15	
4	Wed	**9:05**	4.9	**7:37**	7.4	**2:17**	1.2	**1:32**	3.3	6:15	8:14	
5	Thu	**10:15**	5.2	**8:39**	7.6	**3:26**	0.7	**2:42**	3.4	6:16	8:13	
6	Fri	**11:12**	5.5	**9:40**	7.9	**4:26**	0.2	**3:48**	3.3	6:16	8:12	
7	Sat	**11:59**	5.9	**10:38**	8.2	**5:18**	-0.3	**4:49**	3.1	6:17	8:11	
8	Sun			**12:42**	6.3	**6:04**	-0.7	**5:47**	2.7	6:18	8:10	
9	Mon			**1:22**	6.7	**6:48**	-1.0	**6:42**	2.2	6:19	8:08	
10	Tue	**12:29**	8.4	**2:01**	7.1	**7:30**	-1.0	**7:36**	1.7	6:20	8:07	
11	Wed	**1:24**	8.2	**2:39**	7.4	**8:11**	-0.8	**8:30**	1.3	6:21	8:06	
12	Thu	**2:20**	7.8	**3:17**	7.7	**8:52**	-0.3	**9:25**	1.0	6:22	8:05	
13	Fri	**3:19**	7.2	**3:57**	7.9	**9:33**	0.3	**10:23**	0.7	6:22	8:04	
14	Sat	**4:22**	6.6	**4:39**	8.0	**10:16**	1.1	**11:25**	0.6	6:23	8:03	
15	Sun	**5:33**	6.0	**5:27**	7.9	**11:05**	1.9			6:24	8:01	
16	Mon	**6:52**	5.6	**6:20**	7.7	**12:34**	0.6	**12:02**	2.6	6:25	8:00	
17	Tue	**8:14**	5.5	**7:21**	7.5	**1:49**	0.5	**1:08**	3.1	6:26	7:59	
18	Wed	**9:28**	5.6	**8:25**	7.4	**3:01**	0.4	**2:20**	3.3	6:27	7:57	
19	Thu	**10:29**	5.9	**9:25**	7.3	**4:03**	0.2	**3:26**	3.2	6:28	7:56	
20	Fri	**11:18**	6.1	**10:18**	7.3	**4:55**	0.1	**4:24**	3.0	6:28	7:55	
21	Sat			**12:00**	6.3	**5:39**	0.0	**5:13**	2.8	6:29	7:53	
22	Sun			**12:36**	6.4	**6:15**	0.1	**5:58**	2.5	6:30	7:52	
23	Mon			**1:08**	6.5	**6:47**	0.2	**6:38**	2.3	6:31	7:51	
24	Tue	**12:26**	7.2	**1:37**	6.6	**7:14**	0.4	**7:17**	2.1	6:32	7:49	
25	Wed	**1:05**	7.0	**2:01**	6.7	**7:40**	0.6	**7:53**	1.9	6:33	7:48	
26	Thu	**1:44**	6.8	**2:23**	6.8	**8:06**	0.9	**8:28**	1.7	6:34	7:46	
27	Fri	**2:24**	6.5	**2:44**	6.9	**8:33**	1.3	**9:03**	1.5	6:34	7:45	
28	Sat	**3:07**	6.2	**3:07**	7.0	**9:02**	1.7	**9:41**	1.4	6:35	7:44	
29	Sun	**3:54**	5.8	**3:36**	7.1	**9:34**	2.2	**10:23**	1.3	6:36	7:42	
30	Mon	**4:51**	5.4	**4:13**	7.2	**10:12**	2.7	**11:15**	1.3	6:37	7:41	
31	Tue	**6:04**	5.1	**4:59**	7.2	**11:00**	3.1			6:38	7:39	