

































San Leandro Marina, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:05	7.1	4:29	5.1	10:02	1.3	9:31	2.8	6:39	6:02	
2	Mon	3:37	7.0	5:49	4.9	10:55	1.3	10:20	3.4	6:38	6:03	
3	Tue	4:20	6.8	7:19	4.9			12:05	1.3	6:36	6:04	
4	Wed	5:17	6.7	8:36	5.1			1:24	1.1	6:35	6:05	
5	Thu	6:27	6.7	9:34	5.4	12:48	4.0	2:34	0.7	6:33	6:06	
6	Fri	7:39	6.8	10:18	5.7	2:04	3.8	3:28	0.3	6:32	6:07	
7	Sat	8:43	7.0	10:56	6.0	3:06	3.5	4:13	-0.1	6:31	6:08	
8	Sun	10:39	7.3			4:59	3.0	5:53	-0.4	7:29	7:09	
9	Mon	12:29	6.4	11:31 AM	7.4	5:49	2.5	6:29	-0.4	7:28	7:10	
10	Tue	12:59	6.7	12:22	7.5	6:36	1.9	7:04	-0.3	7:26	7:11	
11	Wed	1:29	7.0	1:13	7.3	7:22	1.4	7:40	0.0	7:25	7:12	
12	Thu	1:58	7.4	2:06	7.0	8:09	0.8	8:16	0.5	7:23	7:13	
13	Fri	2:29	7.7	3:03	6.6	8:57	0.4	8:54	1.1	7:22	7:14	
14	Sat	3:03	8.0	4:05	6.1	9:48	0.1	9:36	1.8	7:20	7:14	
15	Sun	3:41	8.0	5:18	5.7	10:46	0.0	10:24	2.6	7:19	7:15	
16	Mon	4:26	7.9	6:41	5.4	11:53	0.1	11:25	3.2	7:17	7:16	
17	Tue	5:22	7.6	8:06	5.5			1:11	0.1	7:16	7:17	
18	Wed	6:30	7.3	9:21	5.7	12:41	3.6	2:31	0.0	7:14	7:18	
19	Thu	7:48	7.1	10:19	6.1	2:05	3.6	3:39	-0.2	7:13	7:19	
20	Fri	9:03	7.0	11:06	6.4	3:20	3.2	4:35	-0.4	7:11	7:20	
21	Sat	10:08	7.0	11:46	6.7	4:23	2.7	5:20	-0.4	7:10	7:21	
22	Sun	11:03	7.0			5:17	2.2	5:59	-0.2	7:08	7:22	
23	Mon	12:22	6.9	11:52 AM	6.9	6:05	1.7	6:32	0.1	7:07	7:23	
24	Tue	12:52	7.0	12:37	6.7	6:48	1.3	7:01	0.5	7:05	7:24	
25	Wed	1:19	7.1	1:21	6.4	7:28	1.0	7:28	1.0	7:04	7:25	
26	Thu	1:42	7.1	2:04	6.2	8:04	0.8	7:54	1.5	7:02	7:26	
27	Fri	2:02	7.1	2:48	5.9	8:38	0.6	8:22	2.0	7:01	7:27	
28	Sat	2:22	7.1	3:34	5.7	9:11	0.5	8:52	2.4	6:59	7:27	
29	Sun	2:45	7.1	4:25	5.5	9:45	0.5	9:26	2.8	6:58	7:28	
30	Mon	3:14	7.1	5:23	5.2	10:25	0.5	10:07	3.2	6:56	7:29	
31	Tue	3:50	7.0	6:32	5.1	11:13	0.6	10:59	3.6	6:55	7:30	