




Santa Cruz (Monterey Bay), CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:29	6.6	10:10	3.7	12:58	2.8	3:08	-1.5	7:21	5:02	
2	Fri	8:20	6.7	10:56	3.9	1:57	2.8	3:55	-1.7	7:21	5:03	
3	Sat	9:11	6.7	11:39	4.0	2:55	2.8	4:41	-1.7	7:21	5:04	
4	Sun	10:01	6.4			3:52	2.7	5:25	-1.6	7:21	5:04	
5	Mon	12:22	4.1	10:50 AM	6.0	4:51	2.5	6:08	-1.2	7:21	5:05	
6	Tue	1:04	4.2	11:41 AM	5.4	5:51	2.4	6:49	-0.7	7:21	5:06	
7	Wed	1:47	4.4	12:34	4.7	6:57	2.3	7:28	0.0	7:21	5:07	
8	Thu	2:29	4.5	1:35	3.9	8:10	2.2	8:05	0.6	7:21	5:08	
9	Fri	3:11	4.7	2:51	3.3	9:32	1.9	8:43	1.3	7:21	5:09	
10	Sat	3:53	4.8	4:30	2.9	10:55	1.5	9:23	1.9	7:21	5:10	
11	Sun	4:35	4.9	6:27	2.8			12:05	1.1	7:21	5:11	
12	Mon	5:17	5.1	8:05	3.0			1:01	0.6	7:20	5:12	
13	Tue	6:00	5.2	9:06	3.2			1:46	0.2	7:20	5:13	
14	Wed	6:41	5.3	9:45	3.4	12:02	3.0	2:26	-0.1	7:20	5:14	
15	Thu	7:22	5.4	10:15	3.5	12:54	3.1	3:02	-0.4	7:19	5:15	
16	Fri	8:01	5.6	10:42	3.5	1:40	3.1	3:36	-0.6	7:19	5:16	
17	Sat	8:38	5.7	11:08	3.6	2:21	3.0	4:08	-0.8	7:19	5:17	
18	Sun	9:14	5.7	11:35	3.7	3:02	2.8	4:40	-0.8	7:18	5:18	
19	Mon	9:50	5.6			3:43	2.7	5:11	-0.8	7:18	5:19	
20	Tue	12:02	3.8	10:27 AM	5.4	4:27	2.6	5:41	-0.6	7:17	5:20	
21	Wed	12:30	4.0	11:07 AM	5.1	5:15	2.4	6:11	-0.3	7:17	5:21	
22	Thu	12:59	4.2	11:52 AM	4.6	6:09	2.2	6:41	0.1	7:16	5:22	
23	Fri	1:30	4.4	12:47	4.0	7:12	2.0	7:12	0.7	7:16	5:23	
24	Sat	2:04	4.7	1:59	3.4	8:25	1.7	7:45	1.3	7:15	5:24	
25	Sun	2:44	5.0	3:38	2.9	9:48	1.2	8:23	1.9	7:15	5:25	
26	Mon	3:31	5.3	5:43	2.8	11:10	0.6	9:13	2.4	7:14	5:26	
27	Tue	4:25	5.6	7:30	3.0			12:20	-0.1	7:13	5:27	
28	Wed	5:24	5.9	8:34	3.3			1:19	-0.7	7:13	5:28	
29	Thu	6:25	6.1	9:18	3.6			2:11	-1.1	7:12	5:30	
30	Fri	7:22	6.3	9:55	3.8	1:00	2.8	2:58	-1.4	7:11	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	8:16	6.3	10:30	4.0	2:02	2.6	3:41	-1.5	7:10	5:32	