





Santa Cruz (Monterey Bay), CA - Jan 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 12:06 | 3.6 | 9:55 AM | 5.6 | 3:44 | 3.0 | 5:29 | -0.7 | 7:21 | 5:02 | ● |
| 2 | Sat | 12:38 | 3.6 | 10:30 AM | 5.4 | 4:25 | 3.0 | 6:02 | -0.6 | 7:21 | 5:02 | ● |
| 3 | Sun | 1:11 | 3.7 | 11:07 AM | 5.2 | 5:12 | 3.0 | 6:34 | -0.4 | 7:21 | 5:03 | ● |
| 4 | Mon | 1:43 | 3.8 | 11:48 AM | 4.8 | 6:06 | 2.9 | 7:07 | -0.1 | 7:21 | 5:04 | ◐ |
| 5 | Tue | 2:15 | 4.0 | 12:37 | 4.3 | 7:10 | 2.7 | 7:39 | 0.3 | 7:21 | 5:05 | ◑ |
| 6 | Wed | 2:47 | 4.3 | 1:41 | 3.7 | 8:26 | 2.4 | 8:14 | 0.9 | 7:21 | 5:06 | ◒ |
| 7 | Thu | 3:21 | 4.7 | 3:08 | 3.2 | 9:51 | 1.9 | 8:51 | 1.4 | 7:21 | 5:07 | ◓ |
| 8 | Fri | 3:59 | 5.0 | 4:58 | 2.9 | 11:10 | 1.3 | 9:36 | 2.0 | 7:21 | 5:08 | ◔ |
| 9 | Sat | 4:42 | 5.4 | 6:48 | 2.9 | | | 12:17 | 0.5 | 7:21 | 5:08 | ◕ |
| 10 | Sun | 5:30 | 5.8 | 8:12 | 3.2 | | | 1:14 | -0.3 | 7:21 | 5:09 | ◖ |
| 11 | Mon | 6:21 | 6.2 | 9:11 | 3.5 | | | 2:06 | -1.0 | 7:21 | 5:10 | ◗ |
| 12 | Tue | 7:14 | 6.5 | 9:58 | 3.7 | 12:40 | 2.9 | 2:55 | -1.4 | 7:20 | 5:11 | ◘ |
| 13 | Wed | 8:06 | 6.7 | 10:41 | 3.8 | 1:42 | 2.8 | 3:42 | -1.7 | 7:20 | 5:12 | ◙ |
| 14 | Thu | 8:58 | 6.7 | 11:21 | 4.0 | 2:42 | 2.7 | 4:27 | -1.8 | 7:20 | 5:13 | ◚ |
| 15 | Fri | 9:49 | 6.5 | | | 3:40 | 2.5 | 5:10 | -1.6 | 7:20 | 5:14 | ◛ |
| 16 | Sat | 12:01 | 4.1 | 10:39 AM | 6.1 | 4:38 | 2.3 | 5:51 | -1.2 | 7:19 | 5:15 | ◜ |
| 17 | Sun | 12:41 | 4.3 | 11:29 AM | 5.5 | 5:37 | 2.2 | 6:30 | -0.7 | 7:19 | 5:16 | ◝ |
| 18 | Mon | 1:21 | 4.5 | 12:22 | 4.7 | 6:40 | 2.1 | 7:08 | -0.1 | 7:18 | 5:17 | ◞ |
| 19 | Tue | 2:02 | 4.6 | 1:22 | 4.0 | 7:49 | 1.9 | 7:44 | 0.7 | 7:18 | 5:18 | ◟ |
| 20 | Wed | 2:44 | 4.7 | 2:36 | 3.3 | 9:07 | 1.7 | 8:20 | 1.4 | 7:18 | 5:19 | ◠ |
| 21 | Thu | 3:26 | 4.8 | 4:15 | 2.9 | 10:30 | 1.4 | 8:58 | 2.0 | 7:17 | 5:21 | ◡ |
| 22 | Fri | 4:10 | 4.9 | 6:20 | 2.8 | 11:46 | 1.0 | 9:43 | 2.6 | 7:17 | 5:22 | ◢ |
| 23 | Sat | 4:57 | 5.0 | 8:07 | 3.0 | | | 12:47 | 0.5 | 7:16 | 5:23 | ◣ |
| 24 | Sun | 5:44 | 5.1 | 9:05 | 3.2 | | | 1:35 | 0.2 | 7:15 | 5:24 | ◤ |
| 25 | Mon | 6:31 | 5.2 | 9:40 | 3.4 | | | 2:17 | -0.1 | 7:15 | 5:25 | ◥ |
| 26 | Tue | 7:14 | 5.3 | 10:06 | 3.5 | 12:52 | 3.1 | 2:53 | -0.4 | 7:14 | 5:26 | ◦ |
| 27 | Wed | 7:55 | 5.5 | 10:31 | 3.6 | 1:38 | 3.0 | 3:27 | -0.6 | 7:14 | 5:27 | ◧ |
| 28 | Thu | 8:33 | 5.6 | 10:54 | 3.6 | 2:19 | 2.9 | 3:59 | -0.7 | 7:13 | 5:28 | ◨ |
| 29 | Fri | 9:09 | 5.6 | 11:19 | 3.7 | 2:59 | 2.7 | 4:29 | -0.7 | 7:12 | 5:29 | ◩ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|--------------|-----|--------------|-----|-------------|-----|-------------|------|--|------|--|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 30 | Sat | 9:44 | 5.5 | 11:43 | 3.8 | 3:39 | 2.5 | 4:58 | -0.7 | 7:11 | 5:30 | ● |
| 31 | Sun | 10:21 | 5.3 | | | 4:21 | 2.4 | 5:26 | -0.5 | 7:11 | 5:31 | ● |