




## Shelter Cove, CA - Jan 2010

| Date |     | High  |     |          |     | Low   |     |       |      | ☀    |      | ☾    |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|------|------|------|
|      |     | AM    | ft  | PM       | ft  | AM    | ft  | PM    | ft   | Rise | Set  | Moon |
| 1    | Fri | 10:38 | 7.7 |          |     | 4:40  | 3.1 | 5:54  | -1.5 | 7:38 | 5:01 | ☉    |
| 2    | Sat | 12:42 | 5.6 | 11:31 AM | 7.5 | 5:35  | 2.9 | 6:38  | -1.2 | 7:38 | 5:02 | ☉    |
| 3    | Sun | 1:23  | 5.8 | 12:26    | 7.1 | 6:33  | 2.6 | 7:22  | -0.8 | 7:38 | 5:03 | ☉    |
| 4    | Mon | 2:04  | 6.1 | 1:23     | 6.4 | 7:35  | 2.4 | 8:05  | -0.1 | 7:38 | 5:04 | ☾    |
| 5    | Tue | 2:47  | 6.3 | 2:25     | 5.7 | 8:43  | 2.1 | 8:50  | 0.7  | 7:38 | 5:05 | ☾    |
| 6    | Wed | 3:31  | 6.4 | 3:37     | 4.9 | 9:57  | 1.8 | 9:36  | 1.4  | 7:38 | 5:06 | ☾    |
| 7    | Thu | 4:19  | 6.6 | 5:04     | 4.4 | 11:12 | 1.4 | 10:26 | 2.2  | 7:38 | 5:07 | ☾    |
| 8    | Fri | 5:09  | 6.7 | 6:40     | 4.1 |       |     | 12:23 | 1.0  | 7:37 | 5:08 | ☾    |
| 9    | Sat | 6:02  | 6.7 | 8:09     | 4.2 |       |     | 1:30  | 0.6  | 7:37 | 5:09 | ☾    |
| 10   | Sun | 6:55  | 6.8 | 9:17     | 4.4 | 12:19 | 3.2 | 2:29  | 0.2  | 7:37 | 5:10 | ☾    |
| 11   | Mon | 7:46  | 6.8 | 10:08    | 4.6 | 1:23  | 3.4 | 3:19  | -0.1 | 7:37 | 5:11 | ☾    |
| 12   | Tue | 8:34  | 6.9 | 10:51    | 4.8 | 2:24  | 3.5 | 4:01  | -0.2 | 7:37 | 5:12 | ☾    |
| 13   | Wed | 9:17  | 6.9 | 11:28    | 5.0 | 3:17  | 3.4 | 4:40  | -0.3 | 7:36 | 5:13 | ☾    |
| 14   | Thu | 9:57  | 6.8 |          |     | 4:02  | 3.3 | 5:14  | -0.3 | 7:36 | 5:14 | ☾    |
| 15   | Fri | 12:02 | 5.1 | 10:35 AM | 6.7 | 4:44  | 3.2 | 5:47  | -0.2 | 7:36 | 5:15 | ☾    |
| 16   | Sat | 12:32 | 5.2 | 11:13 AM | 6.5 | 5:24  | 3.1 | 6:18  | 0.0  | 7:35 | 5:16 | ☾    |
| 17   | Sun | 1:01  | 5.3 | 11:51 AM | 6.3 | 6:04  | 3.0 | 6:47  | 0.3  | 7:35 | 5:17 | ☾    |
| 18   | Mon | 1:28  | 5.4 | 12:29    | 5.9 | 6:45  | 2.9 | 7:15  | 0.6  | 7:34 | 5:18 | ☾    |
| 19   | Tue | 1:55  | 5.5 | 1:09     | 5.5 | 7:28  | 2.8 | 7:43  | 1.1  | 7:34 | 5:19 | ☾    |
| 20   | Wed | 2:21  | 5.6 | 1:53     | 5.1 | 8:16  | 2.6 | 8:11  | 1.5  | 7:33 | 5:21 | ☾    |
| 21   | Thu | 2:49  | 5.7 | 2:46     | 4.6 | 9:11  | 2.4 | 8:41  | 2.0  | 7:32 | 5:22 | ☾    |
| 22   | Fri | 3:21  | 5.9 | 3:56     | 4.2 | 10:15 | 2.0 | 9:17  | 2.5  | 7:32 | 5:23 | ☾    |
| 23   | Sat | 4:01  | 6.0 | 5:29     | 3.9 | 11:21 | 1.6 | 10:04 | 3.0  | 7:31 | 5:24 | ☾    |
| 24   | Sun | 4:50  | 6.3 | 7:09     | 4.0 |       |     | 12:26 | 1.1  | 7:31 | 5:25 | ☾    |
| 25   | Mon | 5:46  | 6.5 | 8:28     | 4.2 |       |     | 1:30  | 0.5  | 7:30 | 5:26 | ☾    |
| 26   | Tue | 6:47  | 6.8 | 9:22     | 4.6 | 12:14 | 3.5 | 2:28  | -0.1 | 7:29 | 5:28 | ☾    |
| 27   | Wed | 7:47  | 7.2 | 10:07    | 5.0 | 1:29  | 3.5 | 3:20  | -0.6 | 7:28 | 5:29 | ☾    |
| 28   | Thu | 8:45  | 7.5 | 10:48    | 5.3 | 2:38  | 3.3 | 4:06  | -1.0 | 7:27 | 5:30 | ☾    |
| 29   | Fri | 9:40  | 7.7 | 11:27    | 5.7 | 3:39  | 2.9 | 4:51  | -1.1 | 7:27 | 5:31 | ☾    |
| 30   | Sat | 10:34 | 7.6 |          |     | 4:35  | 2.5 | 5:33  | -1.0 | 7:26 | 5:32 | ☾    |

| Date      |     | High         |     |                     |     | Low         |     |             |      |  |      |   |
|-----------|-----|--------------|-----|---------------------|-----|-------------|-----|-------------|------|--|------|---|
|           |     | AM           | ft  | PM                  | ft  | AM          | ft  | PM          | ft   | Rise   | Set  | Moon  |
| <b>31</b> | Sun | <b>12:06</b> | 6.0 | <b>11:29<br/>AM</b> | 7.3 | <b>5:30</b> | 2.0 | <b>6:14</b> | -0.7 | 7:25   | 5:34 |  |