


























## South San Diego Bay, CA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:30	6.6	8:40	5.0	1:25	1.5	2:22	-1.3	6:15	5:45	
2	Mon	8:12	6.6	9:07	5.3	2:10	1.0	2:53	-1.1	6:14	5:46	
3	Tue	8:52	6.3	9:34	5.5	2:51	0.6	3:22	-0.7	6:13	5:47	
4	Wed	9:29	5.8	10:00	5.6	3:30	0.4	3:48	-0.3	6:12	5:48	
5	Thu	10:05	5.2	10:26	5.5	4:07	0.4	4:12	0.3	6:10	5:49	
6	Fri	10:42	4.5	10:53	5.4	4:45	0.5	4:33	0.9	6:09	5:49	
7	Sat	11:22	3.8	11:21	5.2	5:25	0.7	4:48	1.5	6:08	5:50	
8	Sun			1:11	3.2	7:13	1.0	5:53	2.0	7:07	6:51	
9	Mon	12:52	4.9	2:23	2.6	8:20	1.3	5:30	2.3	7:05	6:52	
10	Tue	1:36	4.7			10:06	1.4			7:04	6:52	
11	Wed	2:51	4.4					12:02	1.0	7:03	6:53	
12	Thu	4:36	4.5	8:30	3.5			12:56	0.6	7:02	6:54	
13	Fri	5:59	4.8	8:27	3.8	12:00	3.1	1:31	0.2	7:00	6:55	
14	Sat	6:53	5.2	8:35	4.2	12:55	2.6	2:00	-0.2	6:59	6:55	
15	Sun	7:36	5.6	8:50	4.6	1:37	2.0	2:28	-0.5	6:58	6:56	
16	Mon	8:15	5.9	9:10	5.0	2:15	1.5	2:55	-0.6	6:56	6:57	
17	Tue	8:53	6.0	9:33	5.4	2:52	0.9	3:23	-0.6	6:55	6:58	
18	Wed	9:31	6.0	9:58	5.8	3:29	0.4	3:50	-0.4	6:54	6:58	
19	Thu	10:10	5.7	10:26	6.1	4:07	-0.1	4:16	0.0	6:52	6:59	
20	Fri	10:52	5.2	10:56	6.2	4:47	-0.4	4:43	0.4	6:51	7:00	
21	Sat	11:39	4.6	11:29	6.3	5:31	-0.5	5:09	1.0	6:50	7:00	
22	Sun			12:34	3.9	6:22	-0.4	5:35	1.6	6:49	7:01	
23	Mon	12:09	6.1	1:47	3.2	7:25	-0.1	6:00	2.2	6:47	7:02	
24	Tue	1:00	5.8	3:40	2.9	8:48	0.1	6:22	2.7	6:46	7:03	
25	Wed	2:11	5.4	7:01	3.3	10:30	0.1	9:06	3.2	6:45	7:03	
26	Thu	3:47	5.2	7:23	3.8	11:56	-0.2	11:29	2.9	6:43	7:04	
27	Fri	5:26	5.2	7:48	4.3			12:53	-0.4	6:42	7:05	
28	Sat	6:39	5.5	8:13	4.8	12:44	2.2	1:37	-0.6	6:41	7:05	
29	Sun	7:35	5.7	8:38	5.2	1:38	1.5	2:14	-0.6	6:39	7:06	
30	Mon	8:21	5.7	9:03	5.6	2:23	0.9	2:46	-0.4	6:38	7:07	
31	Tue	9:02	5.6	9:27	5.8	3:04	0.4	3:15	-0.2	6:37	7:07	