

Southeast Farallon Island, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:10	4.8	1:01	5.0	7:31	2.6	7:52	-0.1	7:27	5:04	
2	Tue	2:46	5.0	2:01	4.4	8:36	2.3	8:34	0.5	7:27	5:04	
3	Wed	3:25	5.3	3:18	3.8	9:48	1.8	9:21	1.2	7:27	5:05	
4	Thu	4:07	5.6	4:56	3.5	11:04	1.2	10:15	1.9	7:27	5:06	
5	Fri	4:53	5.9	6:41	3.5			12:15	0.6	7:27	5:07	
6	Sat	5:44	6.1	8:08	3.8			1:18	-0.1	7:27	5:08	
7	Sun	6:38	6.4	9:14	4.2	12:26	2.9	2:15	-0.7	7:27	5:09	
8	Mon	7:32	6.6	10:06	4.5	1:33	3.1	3:06	-1.1	7:27	5:10	
9	Tue	8:25	6.7	10:52	4.7	2:34	3.1	3:54	-1.3	7:27	5:11	
10	Wed	9:17	6.6	11:34	4.8	3:30	3.0	4:39	-1.4	7:27	5:12	
11	Thu	10:06	6.5			4:24	2.8	5:21	-1.3	7:26	5:13	
12	Fri	12:14	4.9	10:54 AM	6.2	5:15	2.6	6:01	-1.0	7:26	5:14	
13	Sat	12:51	5.0	11:40 AM	5.7	6:06	2.5	6:39	-0.6	7:26	5:15	
14	Sun	1:27	5.0	12:26	5.2	6:58	2.3	7:15	-0.1	7:26	5:16	
15	Mon	2:02	5.0	1:15	4.6	7:53	2.2	7:50	0.5	7:25	5:17	
16	Tue	2:36	5.1	2:10	4.0	8:52	2.0	8:27	1.2	7:25	5:18	
17	Wed	3:10	5.1	3:20	3.4	9:57	1.8	9:07	1.9	7:25	5:19	
18	Thu	3:47	5.1	4:57	3.1	11:05	1.5	9:55	2.5	7:24	5:20	
19	Fri	4:29	5.2	6:55	3.2			12:10	1.1	7:24	5:21	
20	Sat	5:15	5.3	8:20	3.5			1:08	0.7	7:23	5:22	
21	Sun	6:05	5.4	9:12	3.8	12:11	3.3	1:58	0.4	7:23	5:23	
22	Mon	6:55	5.6	9:50	4.0	1:15	3.4	2:41	0.0	7:22	5:24	
23	Tue	7:43	5.7	10:22	4.2	2:07	3.4	3:19	-0.3	7:22	5:25	
24	Wed	8:28	5.9	10:52	4.3	2:51	3.3	3:55	-0.6	7:21	5:26	
25	Thu	9:11	6.0	11:20	4.5	3:31	3.1	4:28	-0.8	7:20	5:27	
26	Fri	9:53	6.1	11:49	4.6	4:10	2.8	5:01	-0.9	7:20	5:28	
27	Sat	10:35	6.0			4:51	2.5	5:34	-0.9	7:19	5:30	
28	Sun	12:18	4.8	11:20 AM	5.7	5:34	2.2	6:08	-0.6	7:18	5:31	
29	Mon	12:48	5.0	12:08	5.3	6:22	1.9	6:43	-0.2	7:18	5:32	
30	Tue	1:19	5.3	1:01	4.8	7:14	1.6	7:20	0.4	7:17	5:33	
31	Wed	1:54	5.5	2:05	4.2	8:14	1.2	7:59	1.2	7:16	5:34	