














Wilson Cove, San Clemente Island, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:21	3.7	10:57 AM	4.9	4:58	2.3	6:06	-0.1	6:57	4:58	
2	Tue	1:02	3.9	11:52 AM	4.2	6:10	2.2	6:42	0.4	6:57	4:59	
3	Wed	1:46	4.3	1:07	3.4	7:49	2.0	7:24	0.9	6:57	5:00	
4	Thu	2:36	4.7	2:51	2.8	9:39	1.5	8:15	1.4	6:57	5:00	
5	Fri	3:30	5.1	4:53	2.6	11:03	0.7	9:19	1.8	6:57	5:01	
6	Sat	4:26	5.6	6:31	2.8			12:07	-0.1	6:57	5:02	
7	Sun	5:22	6.1	7:34	3.0			1:00	-0.8	6:57	5:03	
8	Mon	6:15	6.4	8:22	3.3			1:49	-1.3	6:57	5:04	
9	Tue	7:04	6.7	9:04	3.5	12:31	2.0	2:34	-1.6	6:57	5:04	
10	Wed	7:51	6.8	9:43	3.6	1:25	1.9	3:15	-1.7	6:57	5:05	
11	Thu	8:34	6.6	10:21	3.7	2:15	1.9	3:54	-1.5	6:57	5:06	
12	Fri	9:15	6.2	10:59	3.8	3:03	1.8	4:31	-1.2	6:57	5:07	
13	Sat	9:55	5.7	11:37	3.9	3:49	1.8	5:04	-0.8	6:57	5:08	
14	Sun	10:34	5.0			4:37	1.9	5:35	-0.2	6:57	5:09	
15	Mon	12:15	3.9	11:14 AM	4.3	5:29	2.0	6:03	0.3	6:57	5:10	
16	Tue	12:53	4.0	11:59 AM	3.6	6:33	2.1	6:27	0.9	6:56	5:11	
17	Wed	1:34	4.1	12:59	2.9	8:06	2.1	6:51	1.4	6:56	5:12	
18	Thu	2:20	4.2	2:41	2.3	9:57	1.7	7:18	1.8	6:56	5:13	
19	Fri	3:12	4.4	5:43	2.3	11:19	1.2	8:09	2.2	6:56	5:14	
20	Sat	4:08	4.6	7:11	2.5			12:13	0.7	6:55	5:14	
21	Sun	5:02	4.9	7:44	2.8			12:53	0.2	6:55	5:15	
22	Mon	5:49	5.2	8:10	3.0			1:29	-0.3	6:54	5:16	
23	Tue	6:31	5.6	8:35	3.2			2:02	-0.7	6:54	5:17	
24	Wed	7:08	5.8	8:59	3.4	12:42	2.2	2:33	-0.9	6:54	5:18	
25	Thu	7:44	6.0	9:25	3.5	1:23	2.0	3:03	-1.1	6:53	5:19	
26	Fri	8:19	6.1	9:52	3.7	2:01	1.8	3:32	-1.1	6:53	5:20	
27	Sat	8:54	6.0	10:20	3.9	2:41	1.6	4:00	-1.0	6:52	5:21	
28	Sun	9:31	5.7	10:50	4.1	3:23	1.5	4:27	-0.8	6:51	5:22	
29	Mon	10:10	5.2	11:23	4.3	4:09	1.4	4:54	-0.4	6:51	5:23	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	10:55	4.5			5:01	1.3	5:22	0.1	6:50	5:24	
31	Wed	12:00	4.6	11:50 AM	3.7	6:05	1.2	5:51	0.7	6:50	5:25	