





















Wilson Cove, San Clemente Island, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:57	2.7	5:42	5.1	12:23	1.4	10:39 AM	1.9	5:49	8:06	
2	Mon	7:30	2.8	6:23	5.3	1:16	0.8	11:29 AM	2.2	5:49	8:06	
3	Tue	8:29	2.9	7:02	5.6	1:59	0.4	12:16	2.4	5:50	8:06	
4	Wed	9:11	3.1	7:39	5.8	2:37	0.0	1:00	2.4	5:50	8:06	
5	Thu	9:46	3.2	8:14	6.0	3:12	-0.3	1:41	2.4	5:51	8:06	
6	Fri	10:18	3.3	8:48	6.1	3:46	-0.5	2:19	2.4	5:51	8:06	
7	Sat	10:49	3.4	9:21	6.1	4:18	-0.7	2:55	2.4	5:51	8:06	
8	Sun	11:20	3.5	9:53	6.0	4:49	-0.7	3:32	2.4	5:52	8:06	
9	Mon	11:51	3.6	10:25	5.9	5:18	-0.6	4:11	2.4	5:53	8:05	
10	Tue			12:23	3.7	5:46	-0.5	4:53	2.4	5:53	8:05	
11	Wed			12:56	3.9	6:14	-0.2	5:43	2.4	5:54	8:05	
12	Thu			1:31	4.2	6:42	0.1	6:43	2.3	5:54	8:04	
13	Fri	12:27	4.4	2:10	4.5	7:13	0.5	8:03	2.2	5:55	8:04	
14	Sat	1:30	3.7	2:55	4.8	7:47	1.0	9:45	1.8	5:55	8:04	
15	Sun	3:00	3.1	3:47	5.2	8:29	1.5	11:20	1.1	5:56	8:03	
16	Mon	4:56	2.7	4:44	5.7	9:25	1.9			5:57	8:03	
17	Tue	6:52	2.8	5:45	6.1	12:32	0.4	10:37 AM	2.2	5:57	8:03	
18	Wed	8:07	3.1	6:43	6.5	1:30	-0.3	11:51 AM	2.4	5:58	8:02	
19	Thu	8:57	3.4	7:37	6.9	2:22	-0.9	12:58	2.3	5:58	8:02	
20	Fri	9:39	3.6	8:27	7.0	3:08	-1.3	1:57	2.2	5:59	8:01	
21	Sat	10:18	3.9	9:14	7.0	3:52	-1.4	2:52	2.0	6:00	8:00	
22	Sun	10:56	4.0	9:58	6.7	4:32	-1.3	3:44	1.9	6:00	8:00	
23	Mon	11:34	4.2	10:41	6.2	5:10	-1.0	4:34	1.9	6:01	7:59	
24	Tue			12:12	4.3	5:45	-0.6	5:25	1.9	6:02	7:59	
25	Wed			12:49	4.4	6:17	0.0	6:18	2.0	6:02	7:58	
26	Thu	12:07	4.7	1:28	4.5	6:46	0.6	7:20	2.1	6:03	7:57	
27	Fri	12:55	4.0	2:09	4.6	7:13	1.2	8:41	2.1	6:04	7:57	
28	Sat	1:56	3.3	2:54	4.6	7:37	1.7	10:24	1.9	6:04	7:56	
29	Sun	3:30	2.7	3:46	4.7	8:03	2.2	11:53	1.5	6:05	7:55	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	6:23	2.6	4:45	4.9	8:45	2.6			6:06	7:54	
31	Tue	8:02	2.9	5:44	5.1	12:54	1.0	10:33 AM	2.8	6:06	7:54	