

Black Rock Harbor, CT - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:41	7.6	11:15	6.9	4:35	-0.1	5:07	-0.8	7:18	4:34	●
2	Fri	11:26	7.4	11:59	6.9	5:22	-0.1	5:51	-0.7	7:18	4:35	●
3	Sat			12:10	7.2	6:07	0.0	6:33	-0.6	7:18	4:36	●
4	Sun	12:41	6.8	12:53	7.0	6:51	0.1	7:14	-0.4	7:18	4:36	●
5	Mon	1:23	6.8	1:36	6.7	7:35	0.2	7:56	-0.1	7:18	4:37	◐
6	Tue	2:06	6.7	2:21	6.5	8:21	0.4	8:40	0.1	7:18	4:38	◑
7	Wed	2:50	6.6	3:08	6.2	9:09	0.5	9:26	0.3	7:18	4:39	◑
8	Thu	3:36	6.6	3:58	5.9	10:01	0.6	10:15	0.6	7:18	4:40	◑
9	Fri	4:26	6.5	4:52	5.7	10:55	0.6	11:07	0.7	7:17	4:41	◑
10	Sat	5:18	6.4	5:49	5.6	11:50	0.6			7:17	4:42	◑
11	Sun	6:12	6.4	6:46	5.6	12:01	0.9	12:45	0.5	7:17	4:43	◑
12	Mon	7:05	6.5	7:40	5.7	12:54	0.9	1:37	0.4	7:17	4:44	◑
13	Tue	7:56	6.7	8:31	5.9	1:46	0.8	2:27	0.1	7:16	4:45	○
14	Wed	8:44	6.9	9:18	6.2	2:36	0.6	3:14	-0.1	7:16	4:46	○
15	Thu	9:30	7.2	10:03	6.5	3:24	0.4	3:59	-0.4	7:16	4:48	○
16	Fri	10:15	7.4	10:47	6.9	4:11	0.1	4:43	-0.7	7:15	4:49	○
17	Sat	11:00	7.6	11:32	7.2	4:56	-0.2	5:26	-1.0	7:15	4:50	○
18	Sun	11:47	7.7			5:43	-0.5	6:10	-1.1	7:14	4:51	○
19	Mon	12:18	7.5	12:35	7.7	6:31	-0.7	6:55	-1.2	7:14	4:52	○
20	Tue	1:06	7.8	1:26	7.6	7:22	-0.8	7:44	-1.1	7:13	4:53	○
21	Wed	1:56	7.9	2:19	7.4	8:15	-0.8	8:36	-0.9	7:13	4:55	○
22	Thu	2:49	7.9	3:16	7.1	9:12	-0.7	9:31	-0.7	7:12	4:56	○
23	Fri	3:45	7.8	4:16	6.8	10:13	-0.6	10:31	-0.4	7:11	4:57	○
24	Sat	4:45	7.6	5:20	6.5	11:16	-0.5	11:33	-0.2	7:11	4:58	◐
25	Sun	5:48	7.4	6:26	6.4			12:19	-0.4	7:10	4:59	◐
26	Mon	6:51	7.3	7:30	6.4	12:36	0.0	1:21	-0.4	7:09	5:01	◐
27	Tue	7:52	7.3	8:30	6.5	1:38	0.1	2:20	-0.5	7:08	5:02	◑
28	Wed	8:48	7.3	9:24	6.6	2:36	0.1	3:14	-0.5	7:07	5:03	◑
29	Thu	9:39	7.2	10:12	6.6	3:30	0.0	4:03	-0.5	7:07	5:04	◑
30	Fri	10:25	7.2	10:55	6.7	4:19	0.0	4:48	-0.5	7:06	5:06	◑
31	Sat	11:08	7.1	11:35	6.8	5:04	0.0	5:28	-0.5	7:05	5:07	●