

Black Rock Harbor, CT - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:18	7.6	2:51	7.6	8:39	-0.3	9:06	0.2	5:24	8:29	
2	Fri	3:09	7.5	3:42	7.8	9:28	-0.3	10:01	0.1	5:24	8:29	
3	Sat	4:04	7.4	4:35	7.9	10:21	-0.1	11:00	0.0	5:25	8:29	
4	Sun	5:02	7.2	5:33	8.0	11:18	0.0			5:25	8:28	
5	Mon	6:03	7.1	6:33	8.0	12:01	0.0	12:18	0.1	5:26	8:28	
6	Tue	7:07	7.0	7:34	8.0	1:03	-0.1	1:19	0.2	5:26	8:28	
7	Wed	8:11	7.0	8:34	8.1	2:05	-0.3	2:20	0.2	5:27	8:27	
8	Thu	9:12	7.1	9:32	8.2	3:04	-0.4	3:19	0.1	5:28	8:27	
9	Fri	10:09	7.2	10:26	8.2	4:01	-0.5	4:16	0.1	5:28	8:27	
10	Sat	11:02	7.3	11:17	8.1	4:54	-0.6	5:09	0.1	5:29	8:26	
11	Sun	11:51	7.4			5:43	-0.6	6:00	0.1	5:30	8:26	
12	Mon	12:06	8.0	12:38	7.4	6:30	-0.5	6:47	0.1	5:31	8:25	
13	Tue	12:52	7.8	1:23	7.4	7:14	-0.4	7:34	0.2	5:31	8:25	
14	Wed	1:37	7.5	2:07	7.4	7:57	-0.2	8:19	0.4	5:32	8:24	
15	Thu	2:21	7.3	2:50	7.3	8:40	0.0	9:06	0.5	5:33	8:24	
16	Fri	3:07	7.0	3:35	7.2	9:24	0.3	9:54	0.7	5:34	8:23	
17	Sat	3:53	6.7	4:21	7.1	10:10	0.6	10:44	0.8	5:35	8:22	
18	Sun	4:43	6.4	5:09	6.9	10:59	0.8	11:37	0.9	5:35	8:22	
19	Mon	5:35	6.2	6:00	6.9	11:50	1.1			5:36	8:21	
20	Tue	6:30	6.0	6:54	6.8	12:31	1.0	12:43	1.2	5:37	8:20	
21	Wed	7:27	6.0	7:47	6.8	1:26	0.9	1:37	1.3	5:38	8:19	
22	Thu	8:22	6.0	8:39	6.9	2:19	0.8	2:29	1.3	5:39	8:19	
23	Fri	9:14	6.2	9:28	7.1	3:10	0.7	3:20	1.2	5:40	8:18	
24	Sat	10:01	6.4	10:13	7.3	3:58	0.5	4:08	1.0	5:41	8:17	
25	Sun	10:46	6.7	10:57	7.5	4:42	0.2	4:53	0.7	5:42	8:16	
26	Mon	11:29	7.0	11:41	7.7	5:25	0.0	5:38	0.5	5:43	8:15	
27	Tue			12:11	7.4	6:06	-0.2	6:23	0.2	5:43	8:14	
28	Wed	12:26	7.8	12:55	7.7	6:48	-0.4	7:08	-0.1	5:44	8:13	
29	Thu	1:12	7.9	1:40	8.0	7:31	-0.5	7:56	-0.2	5:45	8:12	
30	Fri	2:00	7.9	2:28	8.2	8:17	-0.5	8:47	-0.3	5:46	8:11	
31	Sat	2:51	7.8	3:19	8.2	9:06	-0.4	9:41	-0.3	5:47	8:10	