

Black Rock Harbor, CT - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:45	7.6	4:13	8.2	10:00	-0.3	10:40	-0.2	5:48	8:09	
2	Mon	4:43	7.3	5:11	8.1	10:58	0.0	11:41	-0.1	5:49	8:08	
3	Tue	5:45	7.1	6:13	7.9	11:59	0.2			5:50	8:07	
4	Wed	6:50	6.9	7:16	7.8	12:44	-0.1	1:02	0.3	5:51	8:06	
5	Thu	7:55	6.9	8:19	7.8	1:47	-0.1	2:05	0.4	5:52	8:04	
6	Fri	8:57	7.0	9:18	7.8	2:48	-0.1	3:05	0.3	5:53	8:03	
7	Sat	9:54	7.1	10:13	7.8	3:45	-0.2	4:02	0.3	5:54	8:02	
8	Sun	10:46	7.2	11:02	7.7	4:37	-0.2	4:55	0.2	5:55	8:01	
9	Mon	11:33	7.3	11:48	7.6	5:24	-0.2	5:42	0.2	5:56	7:59	
10	Tue			12:16	7.4	6:08	-0.2	6:27	0.2	5:57	7:58	
11	Wed	12:31	7.5	12:56	7.4	6:49	-0.1	7:09	0.3	5:58	7:57	
12	Thu	1:11	7.3	1:35	7.3	7:28	0.1	7:50	0.4	5:59	7:55	
13	Fri	1:52	7.1	2:15	7.3	8:07	0.3	8:32	0.5	6:00	7:54	
14	Sat	2:33	6.9	2:55	7.2	8:47	0.5	9:16	0.6	6:01	7:53	
15	Sun	3:16	6.7	3:39	7.1	9:30	0.7	10:03	0.8	6:02	7:51	
16	Mon	4:03	6.5	4:25	7.0	10:16	1.0	10:53	0.9	6:03	7:50	
17	Tue	4:53	6.2	5:16	6.8	11:07	1.2	11:48	1.0	6:04	7:48	
18	Wed	5:47	6.1	6:10	6.7			12:01	1.3	6:05	7:47	
19	Thu	6:45	6.0	7:07	6.8	12:44	1.0	12:58	1.4	6:06	7:46	
20	Fri	7:43	6.1	8:03	6.9	1:40	1.0	1:54	1.3	6:07	7:44	
21	Sat	8:38	6.3	8:55	7.1	2:33	0.8	2:48	1.1	6:08	7:43	
22	Sun	9:28	6.6	9:45	7.3	3:23	0.5	3:39	0.8	6:09	7:41	
23	Mon	10:15	7.0	10:32	7.6	4:10	0.2	4:27	0.4	6:10	7:40	
24	Tue	11:00	7.5	11:18	7.9	4:55	-0.1	5:14	0.0	6:11	7:38	
25	Wed	11:44	7.9			5:39	-0.3	6:01	-0.3	6:12	7:36	
26	Thu	12:05	8.0	12:29	8.2	6:23	-0.6	6:48	-0.6	6:13	7:35	
27	Fri	12:52	8.1	1:16	8.5	7:08	-0.7	7:36	-0.7	6:14	7:33	
28	Sat	1:41	8.1	2:05	8.6	7:55	-0.6	8:27	-0.7	6:15	7:32	
29	Sun	2:33	7.9	2:57	8.5	8:45	-0.5	9:21	-0.6	6:16	7:30	
30	Mon	3:27	7.7	3:52	8.3	9:40	-0.2	10:20	-0.4	6:17	7:28	
31	Tue	4:25	7.4	4:51	8.1	10:39	0.0	11:21	-0.2	6:18	7:27	