

Black Rock Harbor, CT - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:50	7.0	7:17	6.6	12:35	0.5	1:09	0.5	6:24	4:48	
2	Tue	7:43	7.1	8:10	6.6	1:29	0.5	2:02	0.4	6:25	4:47	
3	Wed	8:30	7.1	8:57	6.6	2:18	0.6	2:50	0.3	6:26	4:46	
4	Thu	9:12	7.2	9:39	6.6	3:03	0.6	3:34	0.2	6:28	4:44	
5	Fri	9:50	7.2	10:18	6.6	3:45	0.7	4:14	0.2	6:29	4:43	
6	Sat	10:26	7.2	10:54	6.6	4:23	0.7	4:52	0.1	6:30	4:42	
7	Sun	11:02	7.2	11:31	6.6	5:00	0.8	5:28	0.1	6:31	4:41	
8	Mon	11:38	7.2			5:37	0.8	6:05	0.1	6:32	4:40	
9	Tue	12:08	6.5	12:15	7.1	6:14	0.9	6:43	0.2	6:34	4:39	
10	Wed	12:47	6.5	12:56	7.1	6:53	0.9	7:22	0.2	6:35	4:38	
11	Thu	1:29	6.5	1:39	7.0	7:35	1.0	8:06	0.3	6:36	4:37	
12	Fri	2:15	6.6	2:27	6.8	8:23	1.0	8:54	0.4	6:37	4:36	
13	Sat	3:04	6.6	3:20	6.7	9:18	1.0	9:46	0.4	6:38	4:35	
14	Sun	3:58	6.7	4:18	6.7	10:17	0.8	10:42	0.4	6:39	4:34	
15	Mon	4:54	6.9	5:19	6.7	11:18	0.6	11:40	0.3	6:41	4:33	
16	Tue	5:52	7.2	6:21	6.8			12:18	0.2	6:42	4:33	
17	Wed	6:50	7.6	7:21	7.0	12:37	0.2	1:17	-0.2	6:43	4:32	
18	Thu	7:45	8.0	8:18	7.3	1:33	0.0	2:13	-0.6	6:44	4:31	
19	Fri	8:39	8.3	9:13	7.5	2:28	-0.3	3:07	-1.0	6:45	4:30	
20	Sat	9:31	8.6	10:05	7.7	3:21	-0.5	3:59	-1.3	6:47	4:30	
21	Sun	10:22	8.7	10:57	7.8	4:13	-0.6	4:50	-1.5	6:48	4:29	
22	Mon	11:13	8.7	11:49	7.8	5:05	-0.7	5:41	-1.5	6:49	4:28	
23	Tue			12:05	8.5	5:57	-0.6	6:31	-1.3	6:50	4:28	
24	Wed	12:40	7.7	12:57	8.2	6:50	-0.5	7:22	-1.1	6:51	4:27	
25	Thu	1:33	7.6	1:50	7.8	7:44	-0.2	8:15	-0.7	6:52	4:27	
26	Fri	2:27	7.4	2:45	7.3	8:40	0.1	9:09	-0.4	6:53	4:26	
27	Sat	3:22	7.2	3:42	6.9	9:39	0.3	10:05	0.0	6:54	4:26	
28	Sun	4:18	7.0	4:42	6.5	10:39	0.5	11:01	0.3	6:56	4:26	
29	Mon	5:15	6.9	5:42	6.3	11:38	0.5	11:57	0.5	6:57	4:25	
30	Tue	6:11	6.8	6:40	6.1			12:35	0.5	6:58	4:25	