

Black Rock Harbor, CT - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:17	7.9	3:48	8.2	9:35	-0.5	10:10	-0.3	5:48	8:09	
2	Sat	4:14	7.6	4:44	8.2	10:31	-0.3	11:10	-0.2	5:49	8:08	
3	Sun	5:14	7.3	5:43	8.0	11:30	-0.1			5:50	8:07	
4	Mon	6:17	7.1	6:45	7.9	12:12	-0.1	12:31	0.2	5:51	8:06	
5	Tue	7:22	6.9	7:47	7.8	1:15	-0.1	1:33	0.3	5:52	8:04	
6	Wed	8:25	6.9	8:47	7.7	2:16	-0.1	2:33	0.4	5:53	8:03	
7	Thu	9:24	6.9	9:42	7.7	3:14	-0.1	3:30	0.5	5:54	8:02	
8	Fri	10:18	7.0	10:33	7.6	4:08	-0.1	4:24	0.5	5:55	8:01	
9	Sat	11:06	7.0	11:19	7.6	4:57	-0.1	5:12	0.5	5:56	7:59	
10	Sun	11:49	7.0			5:42	0.0	5:57	0.5	5:57	7:58	
11	Mon	12:01	7.4	12:29	7.1	6:23	0.0	6:39	0.5	5:58	7:57	
12	Tue	12:41	7.3	1:08	7.1	7:02	0.1	7:19	0.6	5:59	7:55	
13	Wed	1:20	7.2	1:46	7.1	7:40	0.3	7:59	0.6	6:00	7:54	
14	Thu	2:00	7.0	2:24	7.1	8:18	0.4	8:40	0.7	6:01	7:53	
15	Fri	2:41	6.9	3:05	7.1	8:57	0.6	9:24	0.8	6:02	7:51	
16	Sat	3:25	6.7	3:48	7.0	9:40	0.8	10:12	0.9	6:03	7:50	
17	Sun	4:11	6.5	4:35	6.9	10:26	1.0	11:03	1.0	6:04	7:48	
18	Mon	5:02	6.3	5:26	6.8	11:16	1.2	11:57	1.0	6:05	7:47	
19	Tue	5:57	6.1	6:20	6.8			12:11	1.3	6:06	7:45	
20	Wed	6:55	6.1	7:16	6.9	12:53	1.0	1:07	1.3	6:07	7:44	
21	Thu	7:53	6.2	8:12	7.1	1:49	0.8	2:03	1.2	6:08	7:43	
22	Fri	8:48	6.5	9:06	7.4	2:43	0.6	2:57	0.9	6:09	7:41	
23	Sat	9:40	6.8	9:57	7.7	3:35	0.3	3:50	0.6	6:10	7:39	
24	Sun	10:29	7.3	10:46	8.0	4:23	-0.1	4:40	0.2	6:11	7:38	
25	Mon	11:16	7.7	11:35	8.2	5:11	-0.4	5:30	-0.2	6:12	7:36	
26	Tue			12:03	8.1	5:57	-0.7	6:19	-0.5	6:13	7:35	
27	Wed	12:24	8.4	12:51	8.4	6:44	-0.9	7:09	-0.8	6:14	7:33	
28	Thu	1:14	8.4	1:41	8.6	7:31	-0.9	8:00	-0.8	6:15	7:32	
29	Fri	2:06	8.2	2:32	8.6	8:21	-0.8	8:53	-0.8	6:16	7:30	
30	Sat	2:59	8.0	3:25	8.5	9:13	-0.5	9:49	-0.6	6:17	7:28	
31	Sun	3:55	7.7	4:21	8.2	10:09	-0.2	10:49	-0.3	6:18	7:27	