

































## Black Rock Harbor, CT - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:43	7.0	1:58	6.9	7:55	0.1	8:17	-0.4	7:18	4:34	
2	Tue	2:31	7.2	2:51	6.8	8:49	0.0	9:07	-0.3	7:18	4:35	
3	Wed	3:22	7.3	3:48	6.6	9:47	-0.1	10:02	-0.1	7:18	4:36	
4	Thu	4:18	7.4	4:49	6.4	10:48	-0.2	11:01	0.0	7:18	4:37	
5	Fri	5:17	7.4	5:54	6.3	11:51	-0.3			7:18	4:38	
6	Sat	6:19	7.5	6:59	6.3	12:03	0.1	12:53	-0.4	7:18	4:39	
7	Sun	7:21	7.6	8:02	6.4	1:05	0.1	1:54	-0.6	7:18	4:40	
8	Mon	8:21	7.6	9:01	6.5	2:06	0.1	2:53	-0.7	7:18	4:41	
9	Tue	9:17	7.7	9:56	6.7	3:05	0.0	3:48	-0.8	7:17	4:42	
10	Wed	10:10	7.7	10:47	6.8	4:01	-0.1	4:39	-0.9	7:17	4:43	
11	Thu	11:00	7.6	11:35	6.9	4:53	-0.2	5:26	-0.9	7:17	4:44	
12	Fri	11:47	7.4			5:42	-0.2	6:11	-0.8	7:17	4:45	
13	Sat	12:21	7.0	12:33	7.2	6:29	-0.1	6:54	-0.6	7:16	4:46	
14	Sun	1:05	7.0	1:18	6.9	7:16	0.0	7:37	-0.4	7:16	4:47	
15	Mon	1:48	6.9	2:04	6.6	8:02	0.1	8:20	-0.1	7:15	4:48	
16	Tue	2:31	6.8	2:50	6.2	8:50	0.3	9:05	0.2	7:15	4:49	
17	Wed	3:16	6.7	3:39	5.9	9:40	0.4	9:52	0.5	7:15	4:51	
18	Thu	4:04	6.5	4:31	5.6	10:33	0.6	10:43	0.8	7:14	4:52	
19	Fri	4:55	6.4	5:27	5.4	11:28	0.7	11:36	1.0	7:13	4:53	
20	Sat	5:48	6.3	6:25	5.3			12:23	0.7	7:13	4:54	
21	Sun	6:43	6.3	7:22	5.3	12:31	1.1	1:18	0.6	7:12	4:55	
22	Mon	7:37	6.4	8:16	5.5	1:25	1.1	2:11	0.5	7:12	4:56	
23	Tue	8:27	6.5	9:04	5.7	2:17	1.1	3:00	0.3	7:11	4:58	
24	Wed	9:13	6.7	9:48	5.9	3:06	0.9	3:44	0.0	7:10	4:59	
25	Thu	9:57	6.9	10:30	6.3	3:52	0.7	4:26	-0.2	7:09	5:00	
26	Fri	10:39	7.0	11:10	6.6	4:36	0.4	5:05	-0.4	7:09	5:01	
27	Sat	11:22	7.2	11:51	7.0	5:19	0.1	5:45	-0.6	7:08	5:03	
28	Sun			12:06	7.3	6:03	-0.2	6:25	-0.7	7:07	5:04	
29	Mon	12:34	7.3	12:51	7.2	6:48	-0.4	7:07	-0.7	7:06	5:05	
30	Tue	1:19	7.6	1:40	7.1	7:36	-0.6	7:53	-0.6	7:05	5:06	
31	Wed	2:07	7.7	2:32	6.9	8:28	-0.6	8:43	-0.5	7:04	5:08	