

































## Black Rock Harbor, CT - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:44	8.1	2:14	7.1	8:09	-0.9	8:23	-0.4	6:27	5:43	
2	Fri	2:37	7.9	3:10	6.8	9:05	-0.6	9:20	-0.1	6:25	5:44	
3	Sat	3:34	7.6	4:11	6.5	10:06	-0.4	10:23	0.2	6:23	5:45	
4	Sun	4:37	7.3	5:18	6.3	11:11	-0.1	11:30	0.4	6:22	5:46	
5	Mon	5:44	7.1	6:28	6.2			12:17	0.0	6:20	5:48	
6	Tue	6:52	6.9	7:34	6.3	12:38	0.5	1:22	0.0	6:19	5:49	
7	Wed	7:57	6.9	8:34	6.5	1:43	0.4	2:21	-0.1	6:17	5:50	
8	Thu	8:53	7.0	9:25	6.8	2:43	0.3	3:14	-0.1	6:15	5:51	
9	Fri	9:43	7.0	10:09	6.9	3:35	0.1	4:00	-0.2	6:14	5:52	
10	Sat	10:28	6.9	10:49	7.0	4:22	0.0	4:42	-0.1	6:12	5:53	
11	Sun	11:08	6.9	11:26	7.1	5:04	-0.1	5:20	0.0	6:11	5:54	
12	Mon	11:46	6.8			5:43	-0.1	5:56	0.1	6:09	5:55	
13	Tue	12:01	7.1	12:23	6.6	6:20	-0.1	6:32	0.3	6:07	5:56	
14	Wed	12:37	7.1	1:00	6.5	6:58	0.0	7:08	0.4	6:06	5:58	
15	Thu	1:14	7.0	1:40	6.3	7:37	0.2	7:46	0.7	6:04	5:59	
16	Fri	1:54	6.8	2:22	6.1	8:20	0.4	8:28	0.9	6:02	6:00	
17	Sat	2:37	6.7	3:09	5.9	9:07	0.6	9:16	1.1	6:01	6:01	
18	Sun	3:26	6.5	4:01	5.7	9:59	0.8	10:11	1.3	5:59	6:02	
19	Mon	4:20	6.3	5:00	5.6	10:57	0.9	11:11	1.4	5:57	6:03	
20	Tue	5:20	6.2	6:01	5.7	11:55	0.9			5:56	6:04	
21	Wed	6:21	6.3	6:59	5.9	12:13	1.3	12:52	0.8	5:54	6:05	
22	Thu	7:19	6.5	7:53	6.3	1:12	1.0	1:45	0.5	5:52	6:06	
23	Fri	8:13	6.7	8:42	6.8	2:07	0.6	2:34	0.2	5:51	6:07	
24	Sat	9:04	7.0	9:28	7.4	2:58	0.2	3:21	-0.1	5:49	6:08	
25	Sun	9:52	7.3	10:12	7.8	3:47	-0.3	4:06	-0.3	5:47	6:10	
26	Mon	10:39	7.5	10:57	8.2	4:34	-0.8	4:50	-0.5	5:46	6:11	
27	Tue	11:26	7.6	11:44	8.4	5:21	-1.1	5:35	-0.7	5:44	6:12	
28	Wed			12:14	7.6	6:09	-1.2	6:22	-0.6	5:42	6:13	
29	Thu	12:32	8.5	1:05	7.5	6:58	-1.2	7:12	-0.5	5:40	6:14	
30	Fri	1:23	8.3	1:58	7.3	7:51	-1.0	8:06	-0.2	5:39	6:15	
31	Sat	2:18	8.0	2:55	7.0	8:47	-0.6	9:05	0.1	5:37	6:16	