
































Black Rock Harbor, CT - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:37	7.5	10:07	6.8	3:31	0.6	4:04	-0.1	6:24	4:48	
2	Mon	10:17	7.8	10:49	6.9	4:12	0.5	4:46	-0.3	6:25	4:47	
3	Tue	10:59	7.9	11:33	7.0	4:53	0.4	5:28	-0.5	6:26	4:46	
4	Wed	11:44	8.0			5:36	0.3	6:13	-0.6	6:27	4:44	
5	Thu	12:19	7.1	12:32	8.0	6:23	0.3	7:02	-0.5	6:29	4:43	
6	Fri	1:10	7.1	1:24	7.9	7:15	0.3	7:54	-0.4	6:30	4:42	
7	Sat	2:04	7.1	2:21	7.6	8:13	0.4	8:50	-0.3	6:31	4:41	
8	Sun	3:02	7.1	3:23	7.4	9:16	0.4	9:51	-0.1	6:32	4:40	
9	Mon	4:04	7.1	4:28	7.1	10:23	0.4	10:53	0.0	6:33	4:39	
10	Tue	5:07	7.3	5:35	6.9	11:29	0.3	11:54	0.1	6:35	4:38	
11	Wed	6:09	7.4	6:40	6.9			12:33	0.1	6:36	4:37	
12	Thu	7:09	7.6	7:41	6.9	12:53	0.1	1:33	-0.2	6:37	4:36	
13	Fri	8:03	7.8	8:37	6.9	1:49	0.1	2:29	-0.4	6:38	4:35	
14	Sat	8:53	7.8	9:27	6.9	2:42	0.1	3:20	-0.5	6:39	4:34	
15	Sun	9:40	7.8	10:14	6.9	3:31	0.2	4:07	-0.5	6:41	4:33	
16	Mon	10:23	7.7	10:57	6.8	4:16	0.3	4:51	-0.4	6:42	4:33	
17	Tue	11:04	7.5	11:38	6.6	5:00	0.5	5:33	-0.3	6:43	4:32	
18	Wed	11:45	7.3			5:41	0.6	6:13	-0.1	6:44	4:31	
19	Thu	12:19	6.5	12:26	7.1	6:22	0.8	6:54	0.1	6:45	4:30	
20	Fri	1:01	6.4	1:08	6.9	7:05	1.0	7:36	0.3	6:46	4:30	
21	Sat	1:44	6.3	1:53	6.7	7:50	1.1	8:21	0.5	6:48	4:29	
22	Sun	2:30	6.2	2:40	6.4	8:40	1.2	9:08	0.6	6:49	4:28	
23	Mon	3:18	6.2	3:32	6.2	9:33	1.3	9:58	0.8	6:50	4:28	
24	Tue	4:09	6.3	4:27	6.0	10:29	1.2	10:50	0.9	6:51	4:27	
25	Wed	5:01	6.3	5:24	5.9	11:26	1.1	11:41	0.9	6:52	4:27	
26	Thu	5:53	6.5	6:20	5.9			12:21	0.9	6:53	4:26	
27	Fri	6:44	6.7	7:14	6.0	12:32	0.9	1:13	0.6	6:54	4:26	
28	Sat	7:32	7.0	8:05	6.1	1:21	0.9	2:02	0.3	6:55	4:25	
29	Sun	8:19	7.3	8:53	6.3	2:09	0.7	2:50	0.0	6:57	4:25	
30	Mon	9:05	7.5	9:40	6.6	2:56	0.6	3:37	-0.3	6:58	4:25	