

































Black Rock Harbor, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:55	7.9	9:35	6.7	2:42	0.0	3:28	-0.9	7:18	4:34	
2	Fri	9:51	8.0	10:29	6.9	3:40	-0.2	4:22	-1.1	7:18	4:35	
3	Sat	10:44	8.0	11:21	7.1	4:35	-0.3	5:13	-1.2	7:18	4:36	
4	Sun	11:36	7.9			5:28	-0.4	6:02	-1.1	7:18	4:37	
5	Mon	12:12	7.2	12:26	7.6	6:20	-0.4	6:50	-1.0	7:18	4:38	
6	Tue	1:01	7.2	1:16	7.3	7:11	-0.3	7:37	-0.8	7:18	4:39	
7	Wed	1:49	7.2	2:06	6.9	8:03	-0.1	8:24	-0.4	7:18	4:40	
8	Thu	2:37	7.1	2:56	6.5	8:55	0.1	9:13	-0.1	7:17	4:41	
9	Fri	3:26	6.9	3:49	6.2	9:48	0.3	10:03	0.3	7:17	4:42	
10	Sat	4:16	6.7	4:43	5.8	10:43	0.4	10:55	0.6	7:17	4:43	
11	Sun	5:08	6.5	5:40	5.6	11:39	0.5	11:48	0.9	7:17	4:44	
12	Mon	6:01	6.4	6:38	5.4			12:34	0.6	7:16	4:45	
13	Tue	6:55	6.4	7:34	5.4	12:42	1.0	1:28	0.5	7:16	4:46	
14	Wed	7:47	6.4	8:26	5.4	1:35	1.1	2:20	0.5	7:16	4:47	
15	Thu	8:35	6.5	9:13	5.6	2:26	1.1	3:08	0.3	7:15	4:48	
16	Fri	9:20	6.5	9:56	5.7	3:13	1.0	3:52	0.2	7:15	4:50	
17	Sat	10:02	6.6	10:36	5.9	3:57	0.9	4:32	0.0	7:14	4:51	
18	Sun	10:41	6.7	11:14	6.2	4:39	0.7	5:10	-0.1	7:14	4:52	
19	Mon	11:21	6.8	11:52	6.4	5:19	0.6	5:47	-0.2	7:13	4:53	
20	Tue			12:01	6.9	6:00	0.4	6:24	-0.3	7:13	4:54	
21	Wed	12:31	6.7	12:43	6.9	6:41	0.2	7:02	-0.4	7:12	4:56	
22	Thu	1:12	7.0	1:28	6.8	7:25	0.0	7:43	-0.3	7:11	4:57	
23	Fri	1:56	7.2	2:16	6.7	8:13	-0.1	8:28	-0.2	7:11	4:58	
24	Sat	2:43	7.3	3:09	6.5	9:06	-0.2	9:19	-0.1	7:10	4:59	
25	Sun	3:35	7.3	4:06	6.3	10:04	-0.2	10:16	0.1	7:09	5:00	
26	Mon	4:32	7.3	5:08	6.1	11:06	-0.2	11:18	0.3	7:08	5:02	
27	Tue	5:34	7.3	6:15	6.0			12:11	-0.2	7:07	5:03	
28	Wed	6:39	7.3	7:22	6.1	12:22	0.3	1:15	-0.3	7:07	5:04	
29	Thu	7:43	7.4	8:25	6.3	1:28	0.3	2:17	-0.5	7:06	5:05	
30	Fri	8:44	7.5	9:23	6.6	2:30	0.1	3:14	-0.7	7:05	5:07	
31	Sat	9:40	7.6	10:16	6.9	3:29	-0.1	4:08	-0.9	7:04	5:08	