

































## Black Rock Harbor, CT - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:10	7.6	7:47	6.6	12:56	0.0	1:42	-0.6	7:18	4:35	
2	Tue	8:08	7.9	8:46	6.8	1:54	-0.2	2:39	-0.9	7:18	4:36	
3	Wed	9:03	8.1	9:41	7.0	2:52	-0.3	3:34	-1.2	7:18	4:37	
4	Thu	9:57	8.2	10:34	7.2	3:47	-0.4	4:27	-1.3	7:18	4:37	
5	Fri	10:49	8.2	11:26	7.3	4:41	-0.5	5:18	-1.4	7:18	4:38	
6	Sat	11:40	8.0			5:33	-0.5	6:07	-1.3	7:18	4:39	
7	Sun	12:16	7.3	12:31	7.8	6:25	-0.4	6:56	-1.1	7:17	4:40	
8	Mon	1:06	7.2	1:21	7.4	7:16	-0.3	7:44	-0.8	7:17	4:41	
9	Tue	1:56	7.1	2:12	7.0	8:08	-0.1	8:33	-0.5	7:17	4:42	
10	Wed	2:45	7.0	3:03	6.6	9:01	0.1	9:23	-0.1	7:17	4:43	
11	Thu	3:35	6.8	3:56	6.3	9:56	0.3	10:14	0.2	7:16	4:45	
12	Fri	4:27	6.7	4:52	5.9	10:51	0.4	11:07	0.5	7:16	4:46	
13	Sat	5:20	6.5	5:49	5.7	11:47	0.5			7:16	4:47	
14	Sun	6:13	6.5	6:47	5.6	12:00	0.7	12:43	0.5	7:15	4:48	
15	Mon	7:06	6.5	7:41	5.6	12:53	0.8	1:36	0.4	7:15	4:49	
16	Tue	7:56	6.5	8:32	5.7	1:45	0.9	2:26	0.3	7:14	4:50	
17	Wed	8:42	6.6	9:17	5.8	2:34	0.9	3:13	0.2	7:14	4:51	
18	Thu	9:26	6.7	10:00	5.9	3:20	0.8	3:56	0.0	7:13	4:52	
19	Fri	10:06	6.8	10:40	6.1	4:03	0.7	4:36	-0.1	7:13	4:54	
20	Sat	10:46	6.9	11:18	6.3	4:44	0.6	5:15	-0.2	7:12	4:55	
21	Sun	11:25	7.0	11:57	6.5	5:24	0.5	5:53	-0.3	7:12	4:56	
22	Mon			12:06	7.0	6:04	0.3	6:31	-0.4	7:11	4:57	
23	Tue	12:37	6.7	12:49	7.0	6:46	0.1	7:10	-0.5	7:10	4:58	
24	Wed	1:20	6.9	1:35	7.0	7:31	0.0	7:53	-0.5	7:09	5:00	
25	Thu	2:05	7.1	2:24	6.9	8:21	-0.1	8:40	-0.4	7:09	5:01	
26	Fri	2:54	7.2	3:18	6.7	9:15	-0.2	9:33	-0.2	7:08	5:02	
27	Sat	3:47	7.3	4:16	6.5	10:14	-0.2	10:30	-0.1	7:07	5:03	
28	Sun	4:45	7.4	5:19	6.4	11:16	-0.3	11:31	0.0	7:06	5:05	
29	Mon	5:46	7.4	6:24	6.3			12:20	-0.4	7:05	5:06	
30	Tue	6:49	7.5	7:29	6.4	12:34	0.1	1:22	-0.5	7:04	5:07	
31	Wed	7:51	7.6	8:31	6.6	1:37	0.0	2:22	-0.7	7:03	5:08	