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# Bridgeport, CT - Mar 2026

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 9:26 | 7.1 | 9:54 | 6.8 | 3:14 | -0.1 | 3:52 | -0.4 | 6:26 | 5:43 | |
| 2 | Mon | 10:15 | 7.2 | 10:40 | 7.1 | 4:07 | -0.4 | 4:38 | -0.5 | 6:24 | 5:44 | |
| 3 | Tue | 11:01 | 7.2 | 11:23 | 7.2 | 4:55 | -0.5 | 5:20 | -0.5 | 6:23 | 5:45 | |
| 4 | Wed | 11:44 | 7.1 | | | 5:40 | -0.5 | 6:00 | -0.4 | 6:21 | 5:46 | |
| 5 | Thu | 12:05 | 7.2 | 12:27 | 6.9 | 6:23 | -0.4 | 6:39 | -0.2 | 6:20 | 5:48 | |
| 6 | Fri | 12:45 | 7.1 | 1:09 | 6.6 | 7:05 | -0.3 | 7:18 | 0.1 | 6:18 | 5:49 | |
| 7 | Sat | 1:25 | 7.0 | 1:52 | 6.3 | 7:48 | 0.0 | 7:58 | 0.4 | 6:16 | 5:50 | |
| 8 | Sun | 3:07 | 6.7 | 3:37 | 6.0 | 9:31 | 0.2 | 9:41 | 0.8 | 7:15 | 6:51 | |
| 9 | Mon | 3:51 | 6.4 | 4:25 | 5.7 | 10:18 | 0.5 | 10:29 | 1.0 | 7:13 | 6:52 | |
| 10 | Tue | 4:39 | 6.2 | 5:16 | 5.5 | 11:09 | 0.8 | 11:22 | 1.2 | 7:12 | 6:53 | |
| 11 | Wed | 5:33 | 5.9 | 6:13 | 5.4 | | | 12:05 | 1.0 | 7:10 | 6:54 | |
| 12 | Thu | 6:33 | 5.8 | 7:13 | 5.4 | 12:21 | 1.3 | 1:04 | 1.1 | 7:08 | 6:55 | |
| 13 | Fri | 7:34 | 5.9 | 8:10 | 5.6 | 1:21 | 1.2 | 2:01 | 1.0 | 7:07 | 6:57 | |
| 14 | Sat | 8:32 | 6.1 | 9:02 | 5.9 | 2:18 | 1.0 | 2:54 | 0.7 | 7:05 | 6:58 | |
| 15 | Sun | 9:22 | 6.4 | 9:48 | 6.3 | 3:10 | 0.7 | 3:41 | 0.5 | 7:03 | 6:59 | |
| 16 | Mon | 10:08 | 6.7 | 10:30 | 6.7 | 3:59 | 0.3 | 4:25 | 0.2 | 7:02 | 7:00 | |
| 17 | Tue | 10:51 | 7.0 | 11:10 | 7.1 | 4:44 | 0.0 | 5:06 | -0.1 | 7:00 | 7:01 | |
| 18 | Wed | 11:32 | 7.2 | 11:50 | 7.4 | 5:28 | -0.4 | 5:46 | -0.3 | 6:58 | 7:02 | |
| 19 | Thu | | | 12:15 | 7.2 | 6:11 | -0.6 | 6:26 | -0.4 | 6:57 | 7:03 | |
| 20 | Fri | 12:30 | 7.6 | 12:59 | 7.2 | 6:55 | -0.8 | 7:07 | -0.4 | 6:55 | 7:04 | |
| 21 | Sat | 1:13 | 7.8 | 1:45 | 7.1 | 7:41 | -0.7 | 7:51 | -0.3 | 6:53 | 7:05 | |
| 22 | Sun | 2:00 | 7.7 | 2:34 | 6.9 | 8:30 | -0.6 | 8:40 | -0.1 | 6:52 | 7:06 | |
| 23 | Mon | 2:50 | 7.6 | 3:27 | 6.6 | 9:24 | -0.3 | 9:34 | 0.2 | 6:50 | 7:08 | |
| 24 | Tue | 3:45 | 7.3 | 4:26 | 6.3 | 10:23 | 0.0 | 10:36 | 0.5 | 6:48 | 7:09 | |
| 25 | Wed | 4:47 | 6.9 | 5:30 | 6.1 | 11:28 | 0.3 | 11:44 | 0.7 | 6:47 | 7:10 | |
| 26 | Thu | 5:56 | 6.7 | 6:39 | 6.0 | | | 12:36 | 0.5 | 6:45 | 7:11 | |
| 27 | Fri | 7:08 | 6.6 | 7:49 | 6.2 | 12:55 | 0.7 | 1:43 | 0.5 | 6:43 | 7:12 | |
| 28 | Sat | 8:18 | 6.6 | 8:52 | 6.5 | 2:04 | 0.6 | 2:45 | 0.3 | 6:42 | 7:13 | |
| 29 | Sun | 9:19 | 6.8 | 9:46 | 6.9 | 3:07 | 0.3 | 3:40 | 0.1 | 6:40 | 7:14 | |
| 30 | Mon | 10:12 | 6.9 | 10:34 | 7.2 | 4:03 | 0.0 | 4:29 | 0.0 | 6:38 | 7:15 | |
| 31 | Tue | 10:58 | 7.0 | 11:17 | 7.4 | 4:53 | -0.2 | 5:12 | -0.1 | 6:37 | 7:16 | |