US HARBORS www.USHarbors.com

Cockenoe Island, CT - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:02	6.9	6:05	-0.2	6:09	0.6	5:50	7:50	
2	Sat	12:09	7.8	12:41	6.8	6:44	0.0	6:46	0.7	5:49	7:51	
3	Sun	12:47	7.7	1:19	6.7	7:21	0.1	7:23	0.9	5:48	7:52	
4	Mon	1:24	7.4	1:58	6.6	7:58	0.4	8:02	1.1	5:47	7:53	
5	Tue	2:03	7.2	2:38	6.5	8:36	0.6	8:43	1.2	5:45	7:54	
6	Wed	2:44	6.9	3:21	6.5	9:17	0.7	9:28	1.4	5:44	7:55	
7	Thu	3:28	6.7	4:07	6.4	10:01	0.8	10:18	1.4	5:43	7:56	
8	Fri	4:16	6.6	4:56	6.5	10:49	0.9	11:12	1.4	5:42	7:57	
9	Sat	5:09	6.6	5:47	6.6	11:42	0.9			5:41	7:58	
10	Sun	6:06	6.6	6:40	6.8	12:08	1.3	12:35	0.8	5:40	7:59	
11	Mon	7:04	6.7	7:32	7.1	1:06	1.0	1:29	0.7	5:39	8:00	
12	Tue	8:01	6.9	8:23	7.5	2:02	0.7	2:21	0.5	5:37	8:01	
13	Wed	8:56	7.1	9:12	8.0	2:57	0.2	3:11	0.4	5:36	8:02	
14	Thu	9:48	7.3	10:01	8.4	3:51	-0.2	4:00	0.2	5:35	8:03	
15	Fri	10:38	7.4	10:50	8.7	4:43	-0.5	4:50	0.1	5:34	8:04	
16	Sat	11:29	7.5	11:39	8.8	5:35	-0.7	5:40	0.0	5:34	8:05	
17	Sun			12:20	7.5	6:27	-0.8	6:32	0.0	5:33	8:06	
18	Mon	12:31	8.7	1:12	7.4	7:19	-0.7	7:25	0.1	5:32	8:07	
19	Tue	1:25	8.5	2:08	7.4	8:12	-0.5	8:22	0.2	5:31	8:08	
20	Wed	2:21	8.1	3:05	7.3	9:07	-0.3	9:22	0.4	5:30	8:09	
21	Thu	3:21	7.7	4:05	7.2	10:04	0.0	10:25	0.6	5:29	8:10	
22	Fri	4:23	7.4	5:06	7.2	11:02	0.2	11:29	0.7	5:29	8:11	
23	Sat	5:28	7.1	6:07	7.3			12:01	0.4	5:28	8:12	
24	Sun	6:32	6.8	7:06	7.4	12:33	0.7	12:59	0.5	5:27	8:13	
25	Mon	7:35	6.7	8:02	7.5	1:35	0.6	1:54	0.6	5:26	8:13	
26	Tue	8:34	6.7	8:54	7.6	2:33	0.4	2:46	0.7	5:26	8:14	
27	Wed	9:27	6.7	9:41	7.7	3:26	0.3	3:34	0.8	5:25	8:15	
28	Thu	10:14	6.7	10:25	7.8	4:15	0.2	4:19	0.8	5:25	8:16	
29	Fri	10:58	6.7	11:06	7.7	5:00	0.1	5:02	0.9	5:24	8:17	
30	Sat	11:39	6.7	11:45	7.6	5:41	0.2	5:43	0.9	5:24	8:18	
31	Sun			12:18	6.7	6:20	0.3	6:22	1.0	5:23	8:18	